



Résultats des championnats de Belgique Cadets-Scolaires Herentals 3 & 4 septembre 2016

300mH Cad Dames 0,762m Time: 09:41

Heat:1

1	331	Lauwers Luna	01	HAC	46.45	Q
2	425	Stuer Lotte	02	LYRA	48.04	q
3	553	Thijs Femke	01	HAKI	49.50	
4	694	VanHooreweder Febe	01	ACME	52.52	
5	1557	Sclavont Ysolde	02	CABW	52.95	

300mH Cad Dames 0,762m Time: 09:41

Heat:2

1	223	Moustie Kato	02	HCO	45.57	Q
2	1297	Schaaf Cathy	01	LACE	48.52	
3	1264	Kooper Zoe	01	RFCL	48.58	
4	658	Vandenbroucke Noor	02	DAC	50.47	
5	1207	Peeters Marlies	02	DUFF	53.63	
6	1596	Botikali Wendy	01	SMAC	53.69	

300mH Cad Dames 0,762m Time: 09:41

Heat:3

1	356	Luyssen Liesl	02	AZW	47.57	Q
2	508	Vierendeels Loike	01	LEBB	47.65	q
3	1268	Brotcorne Camille	01	USTA	50.82	
4	300	Dooms Anne-Sofie	02	DEIN	51.21	
5	143	Everdepoel Ine	02	VAC	52.31	
6	1360	Piazza Spatazza Katia	01	SER	53.15	

300mH Cad Dames 0,762m Time: 09:41

Heat:4

1	665	Cromphout Martha	01	VAC	46.81	Q
2	704	Caeldries Christine	01	ACW	48.72	
3	1167	Verhulst Luna	02	VAC	49.45	
4	523	Benamor Leila	01	OEH	51.88	
5	1325	Mathieu Julie	01	FCHA	54.28	
6	1445	Melaet Tiffany	02	WS	58.61	

Discus Schol Dames 1kg Time: 11:15

Heat:1

1	3494	Dodrimont Emilie	99	HF	42.31	BK/CB 1
2	2443	Savelkouls Mila	00	ATLA	41.55	BK/CB 2
3	2892	Potums Maaïke	99	LEBB	34.94	BK/CB 3
4	2611	Vanderstraeten Phebe	99	VS	32.13	
5	2606	Beelaert Annelien	00	VS	31.59	
6	2455	Van Hooghten Lauranne	99	ACHL	31.47	
7	2766	Peeters Laura	00	AVKA	31.44	
8	3572	Buschgens Emilie	99	DAMP	30.77	
9	2438	Daems Lotte	00	ZWAT	28.72	
10	2631	Cambier Joke	99	RCG	27.35	
11	2969	Van Lierde Linn	99	DAC	27.16	

Kogel Cad Dames 3kg Time: 10:48

Heat:1

1	1	Defrere Elena	01	DCLA	14.35	BK/CB 1
2	497	Van Der Borgh Myrthe	01	VS	14.25	BK/CB 2
3	556	Ooms Janne	01	VMOL	11.92	BK/CB 3
4	256	Pieri Axelle	01	ATLA	11.85	
5	363	Daniels Liene	01	ATLA	11.68	
6	1705	Etsinda Fabienne	01	SER	11.27	
7	1012	Kosama Eva	02	BVAC	10.98	
8	1416	Dendal Clothilde	01	OSGA	10.89	
9	120	Rens Britt	02	WIBO	10.57	
10	98	vanpeteghem Lobke	02	ACME	10.42	
11	586	Gevaert Kato	01	ROBA	10.22	
12	754	Naudts Anke	01	VOLH	10.01	
13	1268	Brotcorne Camille	01	USTA	9.71	
14	542	Jacobs Katleen	01	ATLA	9.13	

Hoog Cad Dames Time: 11:32

Heat:1

1	194	Hespele Nina	01	DCLA	1.69	BK/CB 1
2	5	Coene Jacey	01	SACN	1.66	BK/CB 2
3	734	Vanbellinghen Dadjika	01	ACHL	1.55	BK/CB 3
4	1649	Sampson Amandine	01	HUY	1.55	
5	435	Kegels Margot	01	VAC	1.50	
5	90	Segers Marie	01	DEIN	1.50	
5	1300	Fournaux Madeleine	01	CAF	1.50	
5	237	Cicilia Rune	02	ATLA	1.50	
9	480	Van De Vorst Nathalie	02	AVKA	1.50	
10	333	De Kock Myra	02	BVAC	1.50	
11	1291	Braux Lise	02	DAMP	1.45	
11	235	Swennen Margo	02	ATLA	1.45	
	699	Ferny Sam	02	ACBR	NM	

Polssstok Cad Heren Time: 12:01

Heat:1

1	938	Vanlangenaker Jules	02	RCT	4.01	BK/CB 1
2	272	Sprangers Liam	01	KAAG	3.80	BK/CB 2
3	1188	Oliva Federico	01	AVT	3.80	BK/CB 3
4	363	Nuyttens Timo	01	AZW	3.70	
5	1581	Woygnet Mathis	01	DAMP	3.65	
6	1481	Spigeleer Loic	01	USBW	3.40	
7	171	Torfs Kwinten	01	ACHL	3.40	
8	1523	Piette Pierre	01	SMAC	2.90	
8	1034	Van Herck Seebe	01	LOOI	2.90	
10	598	Evrard Benjamin	02	AVLO	2.90	

300mH Cad Heren 0,762m Time: 10:41

Heat:1

1	591	Verniers Thibaud	01	AVLO	43.44	
2	94	Van De Walle Milan	02	DEIN	43.94	
3	1637	Cardarelli Gabriel	01	CRAC	44.67	
4	1252	Hick Romain	02	HERV	46.62	
5	1306	Jacques Geoffrey	01	SER	48.33	

300mH Cad Heren 0,762m Time: 10:41

Heat:2

1	1417	Bonvin Draps Vincent	01	IAAC	42.18	q
2	1234	Lavigne Simon	01	DAMP	42.44	q
3	1364	Vanmarsenille Tom	01	FCHA	42.98	q
4	206	Ros Xander	02	AVLO	44.23	
5	217	Binst Julien	02	EA	47.35	

300mH Cad Heren 0,762m Time: 10:41

Heat:3

1	86	Bex Wout	02	LOOI	42.35	q
2	1320	Seynaeve Robin	02	JSMC	43.16	
3	556	Neuville Pepijn	02	ASVO	45.26	
4	446	Van Put Vincent	01	ZWAT	45.63	
5	290	Schokkaert Arnout	02	VITA	45.64	
6	1211	Daubioul Florent	01	RFCL	46.61	

300mH Cad Heren 0,762m Time: 10:41

Heat:4

1	1302	Paquot Benjamin	02	SER	41.40	q
2	218	Gilson Piotr	01	ACME	43.15	
3	103	Leys Jules	02	ATAC	43.29	
4	336	Noblesse Siebe	01	AVT	45.56	
5	6	Van Puyvelde Tuur	02	DCLA	45.96	
6	1472	Verrecas Dorian	01	CAF	46.14	

300mH Cad Heren 0,762m Time: 10:41

Heat:5

1	444	De Schryver Christophe	01	VAC	41.93	q
2	81	Doom Elias	01	AVR	43.35	
3	1279	Beyaert Corentin	02	RESC	46.87	
4	1380	Voilet Killian	02	USBW	46.93	
5	449	Maton Andreas	02	AVM0	47.29	
6	925	Wauters Arne	02	SPB0	47.80	

400mH Schol Dames 0,762m Time: 10:34

Heat:1

1	2635	Claeys Eline	00	ATLA	61.57	q
2	3310	Lallemand Sarah	00	FCHA	66.69	
3	2720	Dawyndt Amber	99	MACW	68.73	
4	2904	Byl Hanne	99	ACME	72.52	
5	2341	Van Den Eynde Hanne	99	WIB0	78.30	

400mH Schol Dames 0,762m Time: 10:34

Heat:2

1	3326	Schauwers Manon	99	RESC	65.72	q
2	3267	Jacquemart Lise	99	BBS	68.25	
3	3214	Schaaf Alice	00	LACE	69.42	
4	3319	Cornez Oriane	00	USBW	74.90	
5	3297	Trevisan Mathilde	99	OSGA	76.32	

400mH Schol Dames 0,762m Time: 10:34

Heat:3

1	2303	Jansen Jana	99	VMOL	66.02	q
2	3637	Henry Eline	00	SER	71.19	
3	2566	Kegels Hanne	99	VAC	71.94	
4	2668	De Ryck Clara	99	ROBA	72.12	
5	2269	Vermaelen Anke	00	DCLA	73.91	

400mH Schol Dames 0,762m Time: 10:34

Heat:4

1	2426	Tchimou Benedikt	99	RAM	64.97	q
2	2545	Dewyngaert Liese	99	ROBA	66.49	
3	2820	Martens Lisa	99	KAAG	70.22	
4	3277	Ernst Justine	99	HERV	74.33	
5	3392	Barbeaux Camille	00	RCAS	77.07	
6	2361	Everdepoe1 Britt	00	VAC	81.93	

400mH Schol Dames 0,762m Time: 10:34

Heat:5

1	2607	Boutens Amber	99	VS	64.63	q
2	2392	Craemers Louise	00	DCLA	66.14	q
3	2326	Cras Miet	99	L00I	69.33	
4	2562	Duponsele Lisa	99	AVR	72.18	
5	2520	Carrein Sofie	00	AZW	76.74	
6	3228	Wilkin Heloise	00	SMAC	77.53	

400mH Schol Heren 0,84m Time: 10:49

Heat:1

1	2337	Bras Tuur	99	OEH	56.69	Q
2	2217	Gabriëls Anton	00	OLSE	57.57	q
3	2186	Goeteyn Jenten	99	KAAG	59.09	
4	2437	Bauters Laurens	99	ADD	62.73	
5	2040	Leys Lode	00	ATAC	65.03	

400mH Schol Heren 0,84m Time: 10:49

Heat:2

1	2044	Peeters Dries	99	ACBR	56.35	Q
2	2651	Carpentier Nico	99	FLAC	57.97	
3	2052	Van Buggenhout Jarne	99	SPB0	60.07	
4	3089	Brulet Vincent	00	WS	60.60	
5	2583	Wolfcarus Edward	00	STAX	66.46	

400mH Schol Heren 0,84m Time: 10:49

Heat:3

1	3000	Maggiolini Luca	00	CSDY	57.54	Q
2	2494	Coppieters Evert	99	EA	57.97	
3	2065	Vanpeteghem Seppe	00	ACME	58.90	
4	2425	Lootens Maarten	00	VITA	61.21	
5	2281	Biebaut Sander	00	RCG	61.91	
6	2467	De Win Alexander	99	DAC	62.90	

400mH Schol Heren 0,84m Time: 10:49

Heat:4

1	2122	Rombaut Stijn	00	ACHL	56.77	Q
2	3021	Mazebo Simon	00	ATH	57.05	q
3	2412	Messiaen Tijs	00	AZW	60.02	
4	3273	Vancauwemberghe Nolan	00	MOHA	62.89	
5	3047	Bertrand Guillaume	00	CSDY	63.51	
6	2795	Peeters Axl	99	ACHL	63.75	

400m Cad Dames Time: 11:19

Heat:1

1	1417	Schoemaker Liefde	02	OSGA	57.77	Q
2	616	De Bock Lisa	02	RIEM	60.84	q
3	607	Baert Amber	01	ASVO	63.30	
4	328	Sleurs Ellen	01	AVT	63.51	
	801	El Ouni Mariem	02	DCLA	DNS	

400m Cad Dames Time: 11:19

Heat:2

1	214	De Rocker Jolein	01	EA	60.95	Q
2	1288	Bosseler Laura	02	DAMP	61.12	q
3	360	Vanhoorne Morena	02	FLAC	62.33	
4	134	Heetesonne Siel	01	AVLO	63.63	
5	1956	Daffe Emma	01	MOHA	64.46	
6	1347	Denys Andrea	01	ULA	66.27	

400m Cad Dames Time: 11:19

Heat:3

1	599	Hanssens Ilana	02	ASVO	60.44	Q
2	188	Ballekens Aischa	01	AVR	62.28	
3	1300	Fournaux Madeleine	01	CAF	62.35	
4	645	Vandekerckhove Nore	02	HAC	62.40	
5	399	Van Win Jenna	01	ROBA	64.89	
6	1944	Joye Vicky	02	HUY	65.77	

400m Cad Dames Time: 11:19

Heat:4

1	683	De Bot Ine	01	DAC	60.95	Q
2	803	Palmans Jinte	01	SACN	62.88	
3	785	De Decker Lisa	01	VOLH	64.26	
4	172	Eelen Karlien	02	ACHL	64.71	
5	1400	Colassin Clemence	01	CSDY	66.36	
6	654	Tolpe Maury	01	DAC	67.83	

Discus Cad Dames 1kg Time: 13:12

Heat:1

1	497	Van Der Borgh Myrthe	01	VS	38.22	BK/CB 1
2	256	Pieri Axelle	01	ATLA	36.04	BK/CB 2
3	1	Defrere Elena	01	DCLA	35.25	BK/CB 3
4	363	Daniels Liene	01	ATLA	33.94	
5	757	Van Puyvelde Jana	01	VOLH	30.51	
6	754	Naudts Anke	01	VOLH	30.28	
7	244	Van Campe Liesbeth	02	KAAG	29.36	
8	202	Deputter Celien	01	MACW	28.55	
9	1080	Dewulf Inez	01	HAC	27.84	
10	405	Le Clerq Chiara	02	AVKA	26.92	
11	90	Segers Marie	01	DEIN	23.73	
12	1416	Dendal Clothilde	01	OSGA	21.97	

Kogel Schol Dames 3kg Time: 11:50

Heat:1

1	2259	Maluta Dani	00	ACKO	15.15	BK/CB 1
2	2419	Van Der Gucht Helena	99	ACW	14.21	BK/CB 2
3	3572	Buschgens Emilie	99	DAMP	13.15	BK/CB 3
4	2568	Van Petegem Kelly	99	STAX	13.11	
5	2766	Peeters Laura	00	AVKA	13.11	
6	3205	Rousseaux Sarah	99	CABW	12.74	
7	3494	Dodrimont Emilie	99	HF	12.18	
8	2438	Daems Lotte	00	ZWAT	12.14	
9	2611	Vanderstraeten Phebe	99	VS	10.99	
10	2905	Geuns Lieze	00	AVT	10.73	

400m Cad Heren Time: 11:26

Heat:1

1	215	Segers Daniel	01	EA	52.61	Q
2	1682	Daumerie Dylan	01	ATH	54.77	
3	673	Roelants Warre	02	ALVA	57.14	
4	531	Creusen Tim*	01	ATLA	57.22	
5	1428	Rouseau Nicolas	02	CABW	58.13	

400m Cad Heren Time: 11:26

Heat:2

1	1217	Dehout Floran	01	CRAC	53.58	Q
2	100	Dossche Xander	01	ACME	55.52	
3	517	Stoffels Pieter	01	OLSE	55.58	
4	205	Laloux Leon	02	DEIN	56.28	
5	697	Van Lierde Jordy	01	ACG	56.93	

400m Cad Heren Time: 11:26

Heat:3

1	921	Gayse Brent	02	AVR	53.64	Q
2	1120	Rombout Edosa-scott	01	VAC	53.66	q
3	1269	Biatour Basile	01	FCHA	56.15	
4	233	Van de Maele Benthe	01	LEBB	57.79	
5	1465	Bartsch Gilles	01	SER	57.99	
6	1689	Gharroudi Soulaymane	01	RESC	59.06	

400m Cad Heren Time: 11:26

Heat:4

1	66	Horemans Seppe	02	VMOL	53.96	Q
2	541	Vancoetsem Arne	01	KAAG	54.15	q
3	1738	Sidali Amir	01	RCAS	56.50	
4	62	Baccarne Dennis	01	ACBR	56.86	
5	1950	Soetens Brent	02	LAT	57.57	
6	701	Gerain Joachim	01	ACG	59.68	

400m Schol Dames Time: 11:45

Heat:1

1	2680	Lasser Elise	00	VITA	56.53	q
2	3391	Van Poppel Noelia	99	RCAS	59.54	
3	2532	Wagemans Sara	00	ADD	59.66	
4	2282	Gillis Lene	00	BONH	62.00	
5	3605	Sinty Salome	99	FLEU	62.52	

400m Schol Dames Time: 11:45

Heat:2

1	3496	Dejemeppe Justine	99	CSF	58.53	q
2	2584	Vereecke Hanna	00	KAAG	58.81	q
3	2553	Kahan Eileen	99	LYRA	62.51	
4	2819	Martens Laura	99	KAAG	63.15	
5	3390	Vercheval Alicia	99	RFCL	63.55	

400m Schol Dames Time: 11:45

Heat:3

1	3260	Ricour Ophelie	00	EAH	59.41	q
2	2267	Rombouts Eline	99	DUFF	61.55	
3	2840	Laporte Morgan	00	AVZK	61.81	
4	2536	De Caluwé Emmelie	00	RCG	62.61	
5	3384	Bourguignon Alicia	00	DS	62.76	

400m Schol Dames Time: 11:45

Heat:4

1	2304	Horemans Jana	99	VMOL	59.32	q
2	2399	Van Puyvelde Anke	00	AVLO	61.05	
3	2527	Loyens Edith	99	ATLA	61.38	
4	2626	Alderweireld Kenzy	99	OLSE	62.85	
5	2476	Hiel Aranka	99	HAMM	64.04	

400m Schol Dames Time: 11:45

Heat:5

1	3201	Van den Abeele Laure	00	ACLO	59.43	q
2	3480	Daigmont Ophelie	00	DAMP	60.02	
3	2364	De Maré Hanne	00	HCO	61.33	
4	3019	Baramoto Rebecca	00	MAC	63.44	
5	2379	Van Besouw Alexandra	99	ACHL	67.81	

400m Schol Heren Time: 12:23

Heat:1

1	2629	Van Den Bergh Sven	99	AVKA	50.63	q
2	2046	Van Herck Brent	00	VMOL	52.15	
3	2135	Espeel Jean-philippe	99	AVR	52.34	
4	3336	Modolo Felix	00	HF	52.58	
5	2197	Durnez Lander	99	KKS	53.29	

400m Schol Heren Time: 12:23

Heat:2

1	2365	De Smet Tibo	99	RCG	49.77	q
2	2031	Meese Maarten	99	ACW	51.89	
3	2210	Geirnaert Tristen	99	DEIN	52.27	
4	3121	Tack Pierre	99	UAC	53.36	
5	3053	Gobin Guillaume	99	SER	53.76	

400m Schol Heren Time: 12:23

Heat:3

1	3291	Noel Leo	99	USBW	50.39	q
2	2397	Dhondt Ruben	99	ACG	51.56	
3	2324	D'hoedt Severijn	00	ACME	51.71	
4	2924	Dejean Quentin	99	CABW	54.06	
5	2931	De Radigues Francois	00	OCAN	55.74	

400m Schol Heren Time: 12:23

Heat:4

1	2134	Sap Arthur	99	DEIN	50.50	q
2	3306	Nkierre Danfuname Rene	99	RESC	51.60	
3	3340	Haubruge Benoit	99	WS	52.42	
4	3348	Maka Tanguy	99	FAC	52.67	
5	2584	Knapen Stijn	00	ADD	54.45	
6	2451	Vindevogel Louis	99	VS	56.28	

400m Schol Heren Time: 12:23

Heat:5

1	3385	Hendrick Clement	99	RCAS	50.70	q
2	2435	Van Nieuwenhove Stijn	00	AVLO	50.87	q
3	2416	Geens Jonas	99	ACHL	51.56	
4	3111	Jadot Sam	99	ARCH	52.96	
5	2954	Mathieu Thibaut	00	CABW	53.15	
6	2231	Van Der Gaast Lars	99	AVT	53.92	

1500m Cad Dames Time: 13:00

Heat:1

1	598	Depoppe Bronty	01	ASVO	4:43.90	BK/CB 1
2	186	Temmerman Estelle	01	AVR	4:48.49	BK/CB 2
3	60	Lenaerts Isabeau	01	ATAC	4:53.10	BK/CB 3
4	1277	Weber Ophelie	01	GOSP	4:55.97	
5	1447	Vanhoegaerden Laura	02	WS	4:56.25	
6	236	Nijssen Annelies	02	ATLA	4:56.46	
7	1265	Delrez Florine	02	RFCL	4:57.49	
8	1348	Mazzoli Marie	02	ULA	4:58.86	
9	634	Tieter Ellis	02	VS	5:00.50	
10	308	Blond Kato	01	DCLA	5:00.80	
11	415	Geerts Merel	01	ROBA	5:03.31	
12	1389	Breuer Chloe	01	HERV	5:03.49	
13	442	D'haese Lana	02	LAT	5:03.64	
14	755	Van Lent Jana	01	VOLH	5:03.80	
15	444	Willems Hanne	02	LAT	5:04.34	
16	92	Baeke Emma	01	ACME	5:04.75	
17	254	Vaes Jenthe	01	GEEL	5:07.68	
18	393	Bicker Janne	02	ABES	5:08.18	
19	325	Lemmens Britt	01	AVT	5:08.60	
20	1522	Joblin Marine	02	RIWA	5:10.30	
21	1013	Rutten Silke	02	ACHL	5:11.06	
22	1461	Guillick Juliette	01	WACO	5:13.23	
23	1278	Appelmans Laura	01	CSF	5:13.55	

1500m Schol Dames Time: 13:00

Heat:1

1	2417	Stevens Nanouk	00	ACW	4:29.02	BK/CB 1
2	2617	Janssens Fien	99	AVLO	4:32.96	BK/CB 2
3	2287	Bassleer Katinka	99	AVZK	4:35.93	BK/CB 3
4	2423	Putters Lena	00	ATLA	4:38.77	
5	2462	Uyttebroek Paulien	99	RCT	4:43.84	
6	2312	Goossens Lien	99	AVR	4:46.25	
7	2330	Vandenbergh Kamille	99	ACME	4:46.85	
8	2733	De Troyer Maura	99	DAC	4:49.19	
9	3526	Van Den Bossche Inga	00	RESC	4:49.95	
10	2474	Triest Febe	00	HAMM	4:50.46	
11	2664	Nelissen Paulien	99	ACA	4:50.96	
12	2809	Lahey Lorie	00	VOLH	4:52.31	
13	3800	Sabbe Mare	99	LACE	4:54.22	
14	2389	Dekeyser Lynn	00	AVR	4:55.23	
15	3189	Vandormael Marie	00	RFCL	4:56.91	
16	2300	Lenaerts Lorane	99	ATAC	4:57.26	
17	3321	Mathieu Camille	99	WACO	5:01.20	
18	3264	Moulin Marine	00	BBS	5:03.48	
19	2769	Ceuppens Anouk	99	GRIM	5:04.02	
20	2695	Van Hooste Malou	00	AVLO	5:15.98	
21	3401	Jadot Clemence	99	MOHA	5:22.59	

3000m Schol Dames Time: 13:02

Heat:1

1	2531	Tinck Justine	99	AVLO	9:52.40	BK/CB 1
2	2298	Speelman-Rooms Femke	99	ATAC	9:57.88	BK/CB 2
3	2855	Van Raemdonck Elise	99	AVLO	10:10.47	BK/CB 3
4	2365	Bakelants Kaat	00	VAC	10:46.06	
5	2349	Van De Putte Axelle	99	STAX	11:34.21	
6	2319	Mathijs Malejeva	00	LOOI	11:36.39	
7	2701	De Clercq Lutgard	99	VS	11:40.24	
8	2334	Duprez Laure	00	ZA	11:52.07	
9	2308	Spriet Alisa	99	AVR	12:03.78	

3000m Schol Heren Time: 13:16

Heat:1

1	2991	Schyns Remi	99	HERV	9:07.58	BK/CB	1
2	2018	Grimard Guillaume	99	DCLA	9:10.75	BK/CB	2
3	3105	Broze Jean	99	RIWA	9:13.38	BK/CB	3
4	2299	Rasschaert Bjarne	00	RCG	9:28.65		
5	2017	Cuypers Fabian	99	DCLA	9:30.30		
6	2119	Van Leuffelen Jelle	99	ACHL	9:33.91		

Ver Cad Dames Time: 14:47

Heat:1

1	331	Lauwers Luna	01	HAC	5.44	+1.6	BK/CB	1
2	1526	Evans Cassandre	01	HUY	5.31	+0.6	BK/CB	2
3	217	Beernaert Mait	01	HAC	5.30	-1.2	BK/CB	3
4	883	Loncol Marie	01	DAC	5.29	+0.1		
5	422	Caers Amelie	02	LYRA	5.04	+0.6		
6	319	Delbare Margot	01	AVT	5.03	+0.2		
7	383	Reyntens Marie	01	RCG	4.99	+0.8		
8	1624	Lengele Emma	02	CABW	4.92	-1.6		
9	726	Van Heugten Lot	01	KAAG	4.77	-0.7		
10	1415	Bruno Fiona	01	OSGA	4.69	+0.0		
11	19	Geerts Sien	01	DUFF	4.65	+0.1		
12	866	Diels Esther	02	ACHL	4.60	+0.5		
13	172	Eelen Karlien	02	ACHL	4.60	-1.0		
14	1018	Vercammen Anouck	01	LOOI	4.59	+0.3		
15	1491	Bekisz Alexandra	02	HF	4.56	+0.9		
16	1377	Sturbaut Lea	02	JSMC	4.39	+0.8		
	392	Van Borm Laura	01	LEBB	DNF	+0.0		
	118	Lenssens Julie - 46	01	ZA	DNS	+0.0		

200m Cad Dames Time: 14:09

Heat:1

Wind : 0.4

1	231	Van Laere Lieselotte	01	ACW	25.67	Q	
2	232	Van Der Vreken Lotte	01	ACW	26.19		
3	1272	Cossez Perrine	02	USTA	26.72		
4	1583	Delcommune Sarah	02	HUY	27.33		
5	1649	Sampson Amandine	01	HUY	28.13		

200m Cad Dames Time: 14:09

Heat:2

Wind : 0.2

1	1064	Verdegem Reine	01	RIEM	25.50	Q	
2	1595	Warzee Marie	01	SMAC	25.83	q	
3	1856	Chavepeyer Cloe	01	ACLO	26.16		
4	374	Berings Anissa	02	ADD	27.13		
5	1254	Petit Marilou	02	SPA	28.02		

200m Cad Dames Time: 14:09

Heat:3

Wind : 0.6

1	2185	Heyvaert Luca	02	LEBB	26.03	Q	
2	1062	Baramoto Anne-dominique	02	MAC	26.71		
3	703	Clynghens Joke	02	LEBB	27.81		
4	1291	Braux Lise	02	DAMP	27.81		
5	1527	Gathot Amelie	01	HUY	28.93		
6	1777	Hiben Sarah Fabienne	01	WS	29.18		

200m Cad Dames Time: 14:09

Heat:4

Wind : -0.7

1	1719	Vranckx Anne Charlotte	01	MOHA	25.63	Q	
2	551	De Naeyer Janie	01	HAKI	25.99	q	
3	145	Algoet Britt	01	HCO	27.06		
4	456	Franssens Gitte	01	AVT	27.19		
5	734	Vanbellinghen Dadjika	01	ACHL	27.20		
6	255	Groenen Suzanne	01	ATLA	27.36		

Speer Schol Dames 500gr Time: 15:05

Heat:1

1	3135	Telemans Ann	00	AVT	45.55	BK/CB 1
2	2655	Scheldeman Aude	99	ADD	43.11	BK/CB 2
3	2743	Wyns Manon	99	OEH	40.17	BK/CB 3
4	2892	Potums Maaïke	99	LEBB	37.88	
5	2455	Van Hooghten Lauranne	99	ACHL	37.22	
6	2554	Vlummens Jennifer	00	ROBA	36.55	
7	2428	Kerkaert Ruth	00	BONH	34.78	
8	2606	Beelaert Annelien	00	VS	34.07	
9	2568	Van Petegem Kelly	99	STAX	32.59	
10	3023	Huybrechts Julie	00	ACHL	31.87	
11	2784	De Brandt Naomi	99	LYRA	31.01	
12	2662	Huygen Hanne	99	LYRA	30.91	

Hoog Schol Dames Time: 15:56

Heat:1

1	2942	Goossens Zita	00	AVLO	1.77	BK/CB 1
2	2981	Rossaert Nicasina	99	ACW	1.73	BK/CB 2
3	3250	Pardoms Emilie	00	CABW	1.69	BK/CB 3
4	3048	Cnudde Kim	99	KAAG	1.66	
4	2718	De Wit Lies	00	LOOI	1.66	
4	3296	Depinois Eline	00	OSGA	1.66	
7	3629	Nenin Eline	00	SMAC	1.63	
8	3261	Bodart Ombeline	00	BBS	1.60	
9	2781	Beeckmans Maud	00	OLSE	1.60	
10	2813	Fabr� Lize	99	VOLH	1.50	
11	3257	Grandhenry Kylie	99	SER	1.50	
11	2776	Vandeput Ayla	00	DCLA	1.50	
13	2570	Hartmann Iris	99	STAX	1.45	
	2486	Canterers Gretel	99	AVT	NM	

Polsstok Schol Heren Time: 17:05

Heat:1

1	2996	Colle Florian	99	CSDY	4.60	BK/CB 1
2	2042	Bal Jaan	00	ACBR	4.40	BK/CB 2
3	3192	Jacquemin Julien	00	FCHA	4.25	BK/CB 3
4	2055	Vanlierde Jorg	99	DEIN	4.20	
5	2968	Secci Diego	99	SER	4.00	
6	2667	Van Den Eynden Tibor	99	ACBR	4.00	
7	2028	Van Bael Jens	99	AVZK	3.90	
8	2054	Ingelaere Jarni	00	DEIN	3.80	
9	2960	Hutlet Gaetan	00	DAMP	3.80	
10	2591	Menten Elia	00	OLSE	3.60	
11	3053	Gobin Guillaume	99	SER	3.60	
11	2460	Scheerder Kobe	00	AVKA	3.60	
11	2407	Cornelis Ben	99	AVKA	3.60	
14	2353	Degr�ve Rowan	00	OEH	3.40	
	2963	Evrard Martin	99	SER	NM	
	3019	Nutte Matthias	00	DS	NM	

200m Schol Dames Time: 14:32

Heat:1

Wind : 0.7

1	2765	Bauwens Laures	99	RCG	24.50	q
2	3215	Fickers Elene	00	LACE	25.64	q
3	2645	Van Gijseghem Sofie	99	KAAG	26.62	
4	2715	Vandervelden Lotte	00	LOOI	26.96	
5	2945	De Swaef Charlotte	99	VS	27.81	

200m Schol Dames Time: 14:32

Heat:2 Wind : 0.1

1	2371	Claus Hanne	99	AVMO	25.29	q
2	2793	Tengrootenhuysen Fiebe	00	ACHL	25.82	q
3	3532	Awono Estelle	00	CSF	26.62	
4	2672	Verbist Flore	99	BONH	26.95	
5	2670	Vanderwegen Lore	00	ROBA	27.48	

200m Schol Dames Time: 14:32

Heat:3 Wind : 1.2

1	3451	Ferauge Lucie	00	CABW	26.39	
2	3540	Tchapda Dominique	99	CAF	26.42	
3	2293	Loobuyck Anne	99	HALE	27.49	
4	3529	Noirfalise Lisa	00	HERV	27.95	
5	2740	Bresseleers Luna	99	STAX	28.36	

200m Schol Dames Time: 14:32

Heat:4 Wind : -0.8

1	2406	Vincke Rani	00	HAC	25.86	
2	3078	Rosius Rani	00	AVT	26.04	
3	2884	Van Eetvelde Madeline	99	RCG	26.22	
4	2320	Beylemans Joke	99	ACME	27.30	
5	2272	De Winter Freya	00	VITA	27.59	
6	3315	Ponce Julie	00	DAMP	27.65	

200m Schol Dames Time: 14:32

Heat:5 Wind : 0.4

1	3026	Grossard Britt	00	AVT	25.44	q
2	2829	Vannerom F0	00	DEIN	25.81	q
3	3478	Patris Lara	99	CSDY	26.27	
4	3129	De Kler Jienity	00	ACW	27.13	
5	2736	Snellinx Jana	00	ADD	27.45	
6	2996	De Wilde Nel	00	ACG	27.77	

80mH Cad Dames 0,762m Time: 14:54

Heat:1 Wind : 0.5

1	309	Beck Lynn	01	KAPE	11.75	q
2	500	Lodewijckx Britte	02	AVT	12.32	q
3	464	Van Linden Dani	02	OLSE	12.83	
4	102	Van Gelder Siege	01	OLSE	13.48	
5	333	De Kock Myra	02	BVAC	13.49	
6	1310	Lallemand Laure	01	SMAC	14.25	
	1437	Urbanczyk Tanaïs	02	MOHA	DIS	
R. 168.7b						

80mH Cad Dames 0,762m Time: 14:54

Heat:2 Wind : 2.2

1	950	Agwazie Angel	01	AVLO	11.81	q
2	586	Gevaert Kato	01	ROBA	12.45	
3	1377	Sturbaut Lea	02	JSMC	12.67	
4	553	Thijs Femke	01	HAKI	12.78	
5	262	Van Renterghem Zara	02	KAAG	13.13	
6	1167	Verhulst Luna	02	VAC	13.53	
7	542	Jacobs Katleen	01	ATLA	13.55	

80mH Cad Dames 0,762m Time: 14:54

Heat:3 Wind : 0.8

1	194	Hespel Nina	01	DCLA	11.95	q
2	450	Vanden Bosch Amber	01	ZWAT	12.61	
3	419	De Herdt Antje	02	LYRA	12.92	
4	1422	Delacre Florence	01	DS	13.12	
5	64	De Bie Catherine	02	ACBR	13.44	
6	134	Heetesonne Siel	01	AVLO	13.75	
7	19	Geerts Sien	01	DUFF	13.81	

80mH Cad Dames 0,762m Time: 14:54

Heat:4 Wind : 1.2

1	880	Bracke Jill	01	RCG	11.88	q
2	883	Loncol Marie	01	DAC	12.32	q
3	2053	Horevoets Alice	01	SMAC	12.94	
4	424	Pelckmans Aline	02	LYRA	13.29	
5	205	Van Ryckeghem Sara	02	AVLO	13.48	
6	145	Algoet Britt	01	HCO	13.52	
7	105	De Baere Fien	01	ATAC	13.77	

80mH Cad Dames 0,762m Time: 14:54

Heat:5 Wind : 0.4

1	1694	Masson Ilona	01	FCHA	12.10	q
2	2086	Ndjip Nyemeck Yanla	02	RCB	12.17	q
3	721	Buelens Jill	01	VAC	12.69	
4	1624	Lengele Emma	02	CABW	13.33	
5	539	Hermans Britt	02	ATLA	13.52	
6	1327	Reichow Mia	02	WS	13.54	
7	143	Everdepoel Ine	02	VAC	13.76	
8	1347	Denys Andrea	01	ULA	14.03	

Ver Schol Dames Time: 16:02

Heat:1

1	2469	Willems Eve	00	VAC	5.63	+1.0	BK/CB 1
2	2729	Deroost Frea	99	DAC	5.49	+0.4	BK/CB 2
3	2599	Bruynseels Nathalie	00	AVKA	5.34	+0.9	BK/CB 3
4	3308	Carbonnelle Stephanie	99	USTA	5.33	-0.3	
5	2381	Vermonden Julie	99	ACHL	5.29	+0.4	
6	2321	Dhont Hanne	99	DEIN	5.26	+1.3	
7	2881	Steenmans Jitse	00	LYRA	5.22	+1.2	
8	2840	Laporte Morgan	00	AVZK	5.00	+1.3	
9	3310	Lallemand Sarah	00	FCHA	4.92	-0.5	
10	3359	Semenou Annabelle	99	CABW	4.90	+1.0	
11	2583	De Clercq Alix	00	KAAG	4.70	-0.9	
	2500	Vanaenrode Amelien	00	AVT	DNF	+0.0	
	2876	Staelens Emma	99	HAC	DNS	+0.0	

100mH Schol Dames 0,762m Time: 15:12

Heat:1 Wind : 0.7

1	2331	Vancamp Hanne	99	OLSE	14.31	Q
2	2566	Kegels Hanne	99	VAC	15.23	q
3	3545	Brixhe Marie	99	RFCL	15.86	
4	3261	Bodart Ombeline	00	BBS	17.01	
5	2905	Geuns Lieze	00	AVT	17.59	
6	3228	Wilkin Heloise	00	SMAC	17.72	
7	2442	Vanhoof Loes	99	ATLA	18.05	
	2876	Staelens Emma	99	HAC	DNS	

100mH Schol Dames 0,762m Time: 15:12

Heat:2 Wind : -0.4

1	3091	Coquyt Justine	00	RCG	14.93	Q
2	2459	Van De Woestyne Nele	00	KAAG	15.18	q
3	3457	Bruynzeels Romane	00	CABW	15.71	q
4	2965	Valentyn Britt	00	DAC	16.10	
5	3303	Landrieu Chloe	99	ATH	16.48	
6	2269	Vermaelen Anke	00	DCLA	16.74	
7	2562	Duponselle Lisa	99	AVR	16.81	
8	3205	Rousseaux Sarah	99	CABW	17.00	

100mH Schol Dames 0,762m Time: 15:12

Heat:3 Wind : -1.1

1	3536	Lopez Castellanos Fiona	00	MOHA	15.08	Q
2	2570	Hartmann Iris	99	STAX	15.16	q
3	2453	De Meyer Caitlin	99	ZWAT	15.49	q
4	3281	Violle Chloe	00	HERV	15.79	
5	2967	Beyens Mirthe	99	DAC	15.94	
6	3520	Dheur Geraldine	00	WS	17.37	
	2942	Goossens Zita	00	AVLO	DNF	
	3358	Choisez Elodie	00	CABW	DNF	

Speer Cad Dames 500gr Time: 16:29

Heat:1

1	912	Massignani Beau	01	AVT	39.60	BK/CB 1
2	1418	Neiryndck Kathleen	01	OSGA	35.45	BK/CB 2
3	399	Van Win Jenna	01	ROBA	35.28	BK/CB 3
4	1526	Evans Cassandre	01	HUY	33.75	
5	1330	Iven Kayla	02	RESC	32.45	
6	476	Bruwiere Sarah	02	AVKA	31.68	
7	184	Servaes Laura	02	RCG	31.04	
8	427	Delva Ghislaine	02	AVR	30.12	
9	330	Verlinden Mitu	02	AVT	30.02	
10	808	Boyen Freya	02	TACT	27.38	

100m Cad Heren Time: 15:33

Heat:1 Wind : 1.0

1	726	Ampofo Kingsley*	01	RCG	11.46	Q
2	541	Vancoetsem Arne	01	KAAG	11.85	q
3	900	Nulens Yari	01	ATLA	11.94	q
4	333	Kerkhofs Niels	01	AVT	12.09	
5	566	Masure Siemen	01	SPBO	12.22	
6	886	Moreau Bjarne	02	RIEM	12.25	
7	1214	Pirrello Aubry	01	RFCL	12.50	

100m Cad Heren Time: 15:33

Heat:2 Wind : 0.2

1	7	Belien Wolf	01	STAX	11.34	Q
2	459	Buffel Simon	01	RCG	11.75	q
3	1394	Lecron Arthur	01	SER	11.76	q
4	1702	Chiroux Gaetan	01	USBW	12.05	
5	401	Lampo Thor	01	RCG	12.22	
6	640	Daniels Bart	01	ATAC	12.33	
7	1381	Sempot Axel	01	USBW	12.37	
8	1392	Beckers Pablo	01	SER	12.57	

100m Cad Heren Time: 15:33

Heat:3 Wind : 1.2

1	1571	Lambotte Lucien	01	RFCL	11.86	Q
2	1577	Collignon Louis	01	MOHA	12.13	
3	362	Vandenbroucke Henri	01	AZW	12.17	
4	1632	Pinter Arthur	01	CABW	12.21	
5	1654	De Kemmeter Benjamin	01	MOHA	12.39	
6	981	Baele Jarne	02	ACME	12.43	
7	1319	Vanbiervliet Maxime	01	JSMC	12.52	
8	55	De Boever Akke	02	HALE	12.64	

100m Cad Heren Time: 15:33

Heat:4 Wind : 0.9

1	453	Bamfo Richard**	01	KAAG	11.45	Q
2	1594	DufRASne Vivian	01	OSGA	11.99	
3	1304	Comel Julien	01	SER	12.07	
4	1347	Lequeux Bryan	01	ATH	12.18	
5	495	Degrève Milan	02	OEH	12.19	
6	226	Van Aerde Joren	01	KAAG	12.32	
7	757	Servaes Stan	02	RCT	12.33	
8	758	Essien Ini-obong-matthew	02	KAAG	12.36	

100m Schol Heren Time: 15:53

Heat:1 Wind : 0.1

1	2629	Van Den Bergh Sven	99	AVKA	10.90	Q
2	3227	Kasmi Amine	00	RESC	11.12	q
3	2606	Lahaye Simon	99	KKS	11.64	
4	2214	Boye Alpha	99	DCLA	11.67	
5	2484	Kerkhofs Dries	99	GENK	11.84	
6	2739	Van Belleghem Lander	00	DCLA	12.28	
7	2238	Van De Sande Tibo	99	OB	12.43	

100m Schol Heren Time: 15:53

Heat:2 Wind : 0.7

1	2013	Torfs Kasper	99	DCLA	11.27	Q
2	2728	Van Ongevalle Tanguy	99	FLAC	11.28	q
3	2200	Kesteloot Niels	99	KKS	11.39	
4	2083	Rogge Arno	00	RCG	11.52	
5	2956	Dineur Nicolas	99	ULA	11.91	
6	3292	Reginster Gaetan	99	USBW	11.95	
7	2344	De Sutter Brenton	00	VS	11.99	

100m Schol Heren Time: 15:53

Heat:3 Wind : 0.0

1	3084	Rositano Theo	99	CRAC	11.24	Q
2	2747	Glorie Tristan	00	MACW	11.26	q
3	3382	Diels Nathan	99	RFCL	11.47	
4	3389	Borlee Rayane	99	RESC	11.71	
5	2455	Vergaelen Dries	00	RCG	11.91	
6	2942	Ghislain Sebastien	00	SMAC	11.95	

100m Schol Heren Time: 15:53

Heat:4 Wind : 2.1

1	3390	Otjacques Romain	99	BBS	11.32	Q
2	3013	Davies Matthieu	00	OSGA	11.35	q
3	2477	Seyns Lucas	99	AZW	11.38	
4	3253	Saidy Noah	99	ULA	11.52	
5	3201	Piengeon Hadrien	00	FLEU	11.61	
6	2708	Sorgeloos Lowi	99	VITA	11.70	
7	3400	Leonard Nicolas	99	BBS	11.99	
8	3392	Tangni Gnanvi Helmut Camu	99	SMAC	12.00	

800m Cad Dames Time: 16:12

Heat:1

1	150	Van Laethem Charlotte	02	HCO	2:22.60	
2	1443	Hock Coline	01	FCHA	2:25.02	
3	687	Smeets Silke	02	AVT	2:25.37	
4	516	Boniver Alice	02	ACP	2:28.35	
5	791	Roelandt Britt	02	LEBB	2:29.23	
6	590	Boon Fien	02	HAMM	2:35.23	

800m Cad Dames Time: 16:12

Heat:2

1	644	Ghijselings Syrah	02	KAAG	2:19.48	BK/CB 1
2	83	Alenteyns Lore	01	LOOI	2:19.89	BK/CB 2
3	417	Verschoren Femke	01	LYRA	2:20.15	BK/CB 3
4	82	Goossens Lore	01	AVR	2:20.73	
5	800	Vandenbussche Tine	01	MACW	2:24.76	
6	506	Stuyck Laura	01	LEBB	2:26.63	
7	239	Mebis Lina	01	ATLA	2:27.71	

800m Schol Dames Time: 16:47

Heat:1

1	3197	Hallet Maureen	00	SMAC	2:24.69	
2	3195	Pirson Camille	99	SMAC	2:25.02	
3	3304	Deleersnyder Alisson	00	ATH	2:26.79	
4	2745	Vandenlindenloof Charlott	00	ABES	2:28.28	
5	2281	De Bruyn Jo	00	BONH	2:28.77	
6	2750	Smeets Sien	00	AVT	2:30.02	
7	3767	D'hoedt Laurien	99	ACME	2:31.02	
8	2425	Vandooren Drea	00	ATLA	2:34.87	

800m Schol Dames Time: 16:47

Heat:2

1	3254	Thomas Juliette	00	DAMP	2:17.04	
2	3216	Rohl Alicia	99	LACE	2:17.69	
3	3213	Rohl Lorena	99	LACE	2:18.52	
4	2716	Fannes Mirte	99	DCLA	2:19.11	
5	3366	Welsch Milly	00	SER	2:20.02	
6	2405	De Veylder Annelore	99	EA	2:24.01	
7	3269	Ligot Marie	00	ARCH	2:26.42	
8	2313	Fagard Pauline	00	LOOI	2:28.20	
9	3644	Moukrime Hajar	99	HF	2:29.44	

800m Schol Dames Time: 16:47

Heat:3

1	2437	Schadron Laura	00	ZWAT	2:14.56	BK/CB 1
2	2411	Roelens Céline	99	HCO	2:14.73	BK/CB 2
3	3211	Henrard Elea	99	LACE	2:15.60	BK/CB 3
4	3188	Baudinet Caroline	99	RFCL	2:16.77	
5	2440	Van Loock Hanne	99	DCLA	2:17.45	
6	2366	Ponette Helena	00	HCO	2:18.31	
7	3240	Muls Camille	99	RESC	2:19.69	
8	2886	Versyck Leontine	00	HAC	2:20.91	
9	2264	De Smet Michèle	99	DUFF	2:21.46	

Hinkstap Cad Dames Time: 17:11

Heat:1

1	319	Delbare Margot	01	AVT	11.12	+0.8	BK/CB 1
2	217	Beernaert Maité	01	HAC	11.02	+0.4	BK/CB 2
3	81	Vanhalst Sara	01	DEIN	10.88	-0.1	BK/CB 3
4	31	Doms Emma	01	RAM	10.40	+1.0	
5	1026	Willems Frauke	01	KAAG	10.22	+1.3	
6	1280	Lombart Lucile	01	CABW	9.75	+0.8	
7	552	Leclercq Leen	01	HAKI	8.75	+1.5	

100mH Schol Dames Finale 0,762m Time: 16:46

Heat:1	Wind	:	-0.8						
1	2331	Vancamp	Hanne	99	OLSE	14.28	BK/CB	1	
2	3091	Coquyt	Justine	00	RCG	14.79	BK/CB	2	
3	3536	Lopez	Castellanos Fiona	00	MOHA	14.93	BK/CB	3	
4	2459	Van De Woestyne	Nele	00	KAAG	14.95			
5	2570	Hartmann	Iris	99	STAX	15.11			
6	2453	De Meyer	Caitlin	99	ZWAT	15.28			
7	2566	Kegels	Hanne	99	VAC	15.42			
8	3457	Bruynzeels	Romane	00	CABW	15.46			

80mH Cad Dames Finale 0,762m Time: 16:53

Heat:1	Wind	:	-0.9						
1	309	Beck	Lynn	01	KAPE	11.53	BK/CB	1	
2	950	Agwazie	Angel	01	AVLO	11.66	BK/CB	2	
3	880	Bracke	Jill	01	RCG	11.80	BK/CB	3	
4	1694	Masson	Ilona	01	FCHA	12.02			
5	194	Hespeel	Nina	01	DCLA	12.21			
6	2086	Ndjip	Nyemeck Yanla	02	RCB	12.27			
7	883	Loncol	Marie	01	DAC	12.33			
8	500	Lodewijckx	Britte	02	AVT	12.59			

100m Cad Heren Finale Time: 17:01

Heat:1	Wind	:	0.4						
1	726	Ampofo	Kingsley*	01	RCG	11.25	BK/CB	1	
2	7	Belien	Wolf	01	STAX	11.32	BK/CB	2	
3	453	Bamfo	Richard**	01	KAAG	11.49	BK/CB	3	
4	1571	Lambotte	Lucien	01	RFCL	11.60			
5	1394	Lecron	Arthur	01	SER	11.78			
6	459	Buffel	Simon	01	RCG	11.81			
7	541	Vancoetsem	Arne	01	KAAG	11.85			
8	900	Nulens	Yari	01	ATLA	11.95			

100m Schol Heren Finale Time: 17:05

Heat:1	Wind	:	0.4						
1	2629	Van Den Bergh	Sven	99	AVKA	10.84	BK/CB	1	
2	3227	Kasmi	Amine	00	RESC	11.06	BK/CB	2	
3	2728	Van Ongevalle	Tanguy	99	FLAC	11.16	BK/CB	3	
4	2013	Torfs	Kasper	99	DCLA	11.23			
5	2747	Glorie	Tristan	00	MACW	11.28			
6	3390	Otjacques	Romain	99	BBS	11.29			
7	3084	Rositano	Theo	99	CRAC	11.30			
8	3013	Davies	Matthieu	00	OSGA	11.37			

200m Cad Dames Finale Time: 17:14

Heat:1	Wind	:	1.1						
1	231	Van Laere	Lieselotte	01	ACW	25.16	BK/CB	1	
2	1719	Vranckx	Anne Charlotte	01	MOHA	25.40	BK/CB	2	
3	1064	Verdegem	Reine	01	RIEM	25.49	BK/CB	3	
4	1595	Warzee	Marie	01	SMAC	25.89			
5	551	De Naeyer	Janie	01	HAKI	25.96			
6	2185	Heyvaert	Luca	02	LEBB	26.06			

200m Schol Dames Finale Time: 17:19

Heat:1	Wind	:	0.5						
1	2765	Bauwens	Laures	99	RCG	24.79	BK/CB	1	
2	2371	Claus	Hanne	99	AVMO	25.19	BK/CB	2	
3	3215	Fickers	Elene	00	LACE	25.79	BK/CB	3	
4	3026	Grossard	Britt	00	AVT	25.88			
5	2829	Vannerom	F0	00	DEIN	25.89			
6	2793	Tengrootenhuysen	Fiebe	00	ACHL	26.00			

100mH Cad Heren 0,914m Time: 09:52

Heat:1 Wind : 0.0

1	272	Sprangers Liam	01	KAAG	14.67	Q
2	1302	Paquot Benjamin	02	SER	14.96	q
3	1320	Seynaeve Robin	02	JSMC	15.33	q
4	206	Ros Xander	02	AVLO	15.64	
5	454	Wanzeele Lennart	01	KAAG	15.88	
6	1379	De Neys Maxime	01	USBW	16.69	
7	84	Simoens Hannes	01	DEIN	17.19	
8	972	De Langhe Tomas	02	DAC	18.71	

100mH Cad Heren 0,914m Time: 09:52

Heat:2 Wind : 0.8

1	1348	Chapaux Antoine	01	ATH	14.43	Q
2	1300	Paquot Jonathan	01	SER	14.62	q
3	564	Degryse Iben	02	AVR	15.27	q
4	228	Hauttekeete Jente	02	KAAG	15.54	
5	362	Vandenbroucke Henri	01	AZW	15.75	
6	1205	Chaudoir Basile	01	RFCL	16.33	
7	794	Serru Ruben	02	DAC	16.66	
	1380	Voilet Killian	02	USBW	DNS	

100mH Cad Heren 0,914m Time: 09:52

Heat:3 Wind : 1.4

1	1216	Lohoues Nathan	02	CRAC	14.79	Q
2	86	Bex Wout	02	LOOI	15.19	q
3	358	Lejeune Jens	01	FLAC	15.40	
4	218	Gilson Piotr	01	ACME	15.42	
5	1432	Bruwier Romain	01	RFCL	15.61	
6	539	Hofkens Siemen	01	HAKI	16.28	
7	1399	Andre Matys	02	DS	16.85	
8	1254	Moors Mathias	01	HERV	17.16	

Ver Cad Heren Time: 10:57

Heat:1

1	215	Segers Daniel	01	EA	6.79	+1.8	BK/CB 1
2	171	Torfs Kwinten	01	ACHL	6.44	+0.7	BK/CB 2
3	802	Versavel Simon	02	FLAC	5.84	+0.1	BK/CB 3
4	1269	Biatour Basile	01	FCHA	5.82	+0.0	
5	1742	Roefmans Lucas	01	RESC	5.79	+1.2	
6	81	Doom Elias	01	AVR	5.71	+0.5	
7	1360	Dubois Tristan	01	USTA	5.66	+0.6	
8	483	De Visscher Lorenzo	01	RCG	5.47	+1.1	
9	900	Nulens Yari	01	ATLA	5.45	-0.7	
10	495	Degrave Milan	02	OEH	5.38	+0.2	
11	93	Coppenolle Viktor	02	DEIN	5.35	-0.5	

Kogel Cad Heren 4kg Time: 10:58

Heat:1

1	772	Spelmans Dries	01	RCT	14.84	BK/CB 1
2	10	Vanderborght Jonas	01	DCLA	14.17	BK/CB 2
3	771	Spelmans Ward	02	RCT	13.57	BK/CB 3
4	1681	Ferri Giovanni	01	OSGA	13.17	
5	807	Prenen Senne	01	MACD	13.03	
6	1547	Vanydegem Mathieu	02	SMAC	12.96	
7	904	De Cremer Arnaud	02	ASVO	12.54	

Discus Schol Heren 1,5kg Time: 11:42

Heat:1

1	2969	Paquot Kevin	99	SER	41.41	BK/CB 1
2	2049	Vanbroekhoven Senne	99	VMOL	40.69	BK/CB 2
3	2016	Grobbel Lucas	00	DCLA	40.56	BK/CB 3
4	2137	Van Ransbeke Michiel	99	AVLO	40.42	
5	2341	Volckaert Dylan	99	HAC	38.76	
6	2830	Van Den Branden Rian	00	AVLO	37.98	
7	3044	Troisfontaine Brice	99	SER	34.96	
8	2628	Bats Lukas	00	LYRA	34.67	
9	2710	Vanden Eede Carlos	00	LAT	33.73	
10	2552	Staut Cis	99	VOLH	30.88	

Hoog Schol Heren Time: 11:36

Heat:1

1	3031	Carmoy Thomas	00	CRAC	2.00	BK/CB 1
2	2978	Ponsard Francois	99	BBS	1.85	BK/CB 2
3	2306	Baert Warre	00	LAT	1.85	BK/CB 3
4	2918	Zgajewski Mederic	99	ACLO	1.85	
4	2970	Monseur Martin	99	SER	1.85	
6	2331	Mampuys Cedric	99	AVKA	1.85	
7	2216	Vanhellemont Kobe	99	RCT	1.80	
7	3210	Quoirin Kevin	99	SER	1.80	
9	2148	Cockaerts Karel	99	ACKO	1.80	
10	2311	Lagast Karel	00	KAAG	1.75	
10	2433	Vandriessche Jonas	00	ASVO	1.75	
12	2729	Van Praet Ward	99	AVLO	1.75	

110mH Schol Heren 0,914m Time: 10:22

Heat:1

		Wind : 0.9				
1	2948	Okeowo Peredjo	99	RESC	15.30	Q
2	2459	Didde Thibaut	99	LOOI	15.59	
3	2364	Vera Robbie	00	RCG	16.04	
4	2274	Van Breedam Brecht	00	ROBA	16.13	
5	2937	Kevelaer Gregoire	99	HERV	16.21	
6	2580	Godeau Yannick	00	DAC	16.71	
7	3054	Riga Hadrien	00	HUY	17.41	

110mH Schol Heren 0,914m Time: 10:22

Heat:2

		Wind : 0.6				
1	2042	Bal Jaan	00	ACBR	14.38	Q
2	2651	Carpentier Nico	99	FLAC	15.35	q
3	3000	Maggiolini Luca	00	CSDY	15.49	q
4	2052	Van Buggenhout Jarne	99	SPBO	15.60	
5	2350	Deschepper Yoran	00	MACW	16.41	
6	2407	Cornelis Ben	99	AVKA	16.47	

110mH Schol Heren 0,914m Time: 10:22

Heat:3

		Wind : 1.4				
1	2441	De Backer Bryan	00	AVLO	15.02	Q
2	3273	Vancauwemberghe Nolan	00	MOHA	15.13	q
3	2985	Seynave Charles	99	JSMC	16.05	
4	2623	Wynant Maarten	99	EA	16.17	
5	2732	Vermeiren Jef	00	ACHL	17.05	
	2494	Coppieters Evert	99	EA	DIS	

R. 168.7b

110mH Schol Heren 0,914m Time: 10:22

Heat:4 Wind : 0.3

1	3021	Mazebo Simon	00	ATH	14.93	Q
2	2261	Dom Stijn	99	ATAC	15.21	q
3	3066	Robert Gilles	00	HF	15.64	
4	2791	Van Damme Robin	99	KAAG	15.66	
5	2008	Haverbeke Dries	00	STAX	16.14	
6	2219	Vandersteen Yente	00	AVT	16.58	

100m Cad Dames Time: 10:37

Heat:1 Wind : 0.0

1	43	Van Lent Lotte	01	AVZK	12.35	Q
2	1694	Masson Ilona	01	FCHA	12.67	q
3	232	Van Der Vreken Lotte	01	ACW	12.80	
4	1272	Cossez Perrine	02	USTA	12.81	
5	1595	Warzee Marie	01	SMAC	12.99	
6	665	Cromphout Martha	01	VAC	13.10	
7	374	Berings Anissa	02	ADD	13.35	
8	1953	Meghlaoui Huc Alicia	02	USBW	13.44	

100m Cad Dames Time: 10:37

Heat:2 Wind : 0.8

1	231	Van Laere Lieselotte	01	ACW	12.49	Q
2	950	Agwazie Angel	01	AVLO	12.60	q
3	1719	Vranckx Anne Charlotte	01	MOHA	12.71	q
4	1583	Delcommune Sarah	02	HUY	13.14	
5	1012	Kosama Eva	02	BVAC	13.14	
6	1062	Baramoto Anne-dominique	02	MAC	13.23	
7	568	Ilegems Sarah	01	AVKA	13.26	
8	721	Buelens Jill	01	VAC	13.61	

100m Cad Dames Time: 10:37

Heat:3 Wind : 1.2

1	551	De Naeyer Janie	01	HAKI	12.60	Q
2	309	Beck Lynn	01	KAPE	12.75	
3	880	Bracke Jill	01	RCG	12.87	
4	1856	Chavepeyer Cloe	01	ACLO	13.03	
5	435	Kegels Margot	01	VAC	13.24	
6	255	Groenen Suzanne	01	ATLA	13.41	
7	64	De Bie Catherine	02	ACBR	13.53	
8	1527	Gathot Amelie	01	HUY	13.69	

100m Cad Dames Time: 10:37

Heat:4 Wind : 1.2

1	1064	Verdegem Reine	01	RIEM	12.58	Q
2	223	Moustie Kato	02	HCO	12.64	q
3	2185	Heyvaert Luca	02	LEBB	12.76	
4	2086	Ndjip Nyemeck Yanla	02	RCB	12.82	
5	464	Van Linden Dani	02	OLSE	13.22	
6	456	Franssens Gitte	01	AVT	13.23	
7	450	Vanden Bosch Amber	01	ZWAT	13.26	
8	41	Oost Morgan	02	AVZK	13.46	

100m Schol Dames Time: 10:53

Heat:1 Wind : -0.4

1	3290	Gautier Celine	99	CSDY	12.14	Q
2	2829	Vannerom F	00	DEIN	12.61	q
3	2981	Rossaert Nicasina	99	ACW	12.71	
4	2645	Van Gijseghem Sofie	99	KAAG	12.87	
5	2715	Vandervelden Lotte	00	LOOI	13.09	
6	3129	De Kler Jienity	00	ACW	13.28	
7	2670	Vanderwegen Lore	00	ROBA	13.35	

100m Schol Dames Time: 10:53

Heat:2 Wind : -0.5

1	2765	Bauwens Laures	99	RCG	12.22	Q
2	3026	Grossard Britt	00	AVT	12.67	q
3	3478	Patris Lara	99	CSDY	12.80	
4	2381	Vermonden Julie	99	ACHL	12.82	
5	2672	Verbist Flore	99	BONH	13.18	
6	3523	Vitiello Laura	00	RCB	13.64	
7	2917	Heymans Amber	99	ACP	13.74	

100m Schol Dames Time: 10:53

Heat:3 Wind : 1.1

1	2371	Claus Hanne	99	AVMO	12.24	Q
2	2406	Vincke Rani	00	HAC	12.42	q
3	3215	Fickers Elene	00	LACE	12.81	
4	2469	Willems Eve	00	VAC	13.04	
5	3532	Awono Estelle	00	CSF	13.10	
6	3091	Coquyt Justine	00	RCG	13.11	
7	3529	Noirfalise Lisa	00	HERV	13.53	

100m Schol Dames Time: 10:53

Heat:4 Wind : 0.2

1	2289	De Foer Lotte	00	ACW	12.34	Q
2	3078	Rosius Rani	00	AVT	12.37	q
3	2331	Vancamp Hanne	99	OLSE	12.74	
4	2320	Beylemans Joke	99	ACME	12.86	
5	2793	Tengrootenhuysen Fiebe	00	ACHL	13.06	
6	3316	Mathy Chloe	00	SER	13.23	
7	3315	Ponce Julie	00	DAMP	13.33	
8	2736	Snellinx Jana	00	ADD	13.39	

200m Cad Heren Time: 11:29

Heat:1 Wind : -0.4

1	7	Belien Wolf	01	STAX	23.50	Q
2	1394	Lecron Arthur	01	SER	24.45	q
3	333	Kerkhofs Niels	01	AVT	24.67	
4	1632	Pinter Arthur	01	CABW	25.18	
5	758	Essien Ini-obong-matthew	02	KAAG	25.53	
6	443	Teugels Sebastien	01	VAC	25.86	

200m Cad Heren Time: 11:29

Heat:2 Wind : 0.1

1	459	Buffel Simon	01	RCG	24.42	Q
2	1702	Chiroux Gaetan	01	USBW	24.55	q
3	1347	Lequeux Bryan	01	ATH	24.78	
4	1577	Collignon Louis	01	MOHA	25.02	
5	1654	De Kemmeter Benjamin	01	MOHA	25.83	

200m Cad Heren Time: 11:29

Heat:3 Wind : 1.3

1	566	Masure Siemen	01	SPBO	24.48	Q
2	1594	Dufasne Vivian	01	OSGA	24.65	q
3	886	Moreau Bjarne	02	RIEM	24.85	
4	226	Van Aerde Joren	01	KAAG	24.96	
5	757	Servaes Stan	02	RCT	25.45	
6	55	De Boever Akke	02	HALE	25.90	

200m Cad Heren Time: 11:29

Heat:4 Wind : 0.3

1	1814	Guerez Melvin	01	RCB	26.49	
---	------	---------------	----	-----	-------	--

Polssstok Cad Dames Time: 14:22

Heat:1

1	169	Hooyberghs Fleur	01	ACHL	3.35	BK/CB 1
2	879	Dadayeva Stefanie	01	RCG	3.30	BK/CB 2
3	774	Vranckx Maayke	02	RCT	3.05	BK/CB 3
4	928	Vekemans Elie	01	DCLA	3.00	
5	511	Van Der Snickt Lotte	01	VS	3.00	
6	1604	Calujek Ine	01	DAMP	2.90	
7	593	De Vleeschauwer Femi	02	ASVO	2.90	
8	300	Dooms Anne-Sofie	02	DEIN	2.80	
9	1762	Mostosi Ornella	02	CABW	2.70	
10	763	Struyven Lotte	02	RCT	2.70	
11	699	Ferny Sam	02	ACBR	2.60	
12	1491	Bekisz Alexandra	02	HF	2.60	
13	1716	Paloglou Blandine	02	WS	2.50	
14	776	Vranckx Tannekin	02	RCT	2.30	
15	1386	Bloch Caroline	02	HERV	2.30	
	1393	Fournier Florence	02	HERV	NM	
	531	Geeraerts Roxane	01	LOOI	NM	

Kogel Schol Heren 5kg Time: 12:33

Heat:1

1	2168	Verbeylen Kasper	99	DCLA	16.59	BK/CB 1
2	2969	Paquot Kevin	99	SER	14.50	BK/CB 2
3	2137	Van Ransbeke Michiel	99	AVLO	14.39	BK/CB 3
4	2049	Vanbroekhoven Senne	99	VMOL	13.86	
5	2746	Ferraris Alexander Carlo	99	DCLA	12.86	
6	2441	De Backer Bryan	00	AVLO	12.48	
7	2552	Staut Cis	99	VOLH	12.08	

Ver Schol Heren Time: 12:32

Heat:1

1	2747	Glorie Tristan	00	MACW	7.10	+1.0 BK/CB 1
2	2200	Kesteloot Niels	99	KKS	6.70	-0.1 BK/CB 2
3	3013	Davies Matthieu	00	OSGA	6.67	+1.7 BK/CB 3
4	3390	Otjacques Romain	99	BBS	6.43	+1.2
5	2311	Lagast Karel	00	KAAG	6.34	+1.2
6	2817	Van Riel Robbe	99	ACBR	6.29	+1.4
7	2134	Sap Arthur	99	DEIN	6.10	+0.4
8	2460	Scheerder Kobe	00	AVKA	6.03	+0.9
9	3292	Reginster Gaetan	99	USBW	6.02	-0.6
10	3066	Robert Gilles	00	HF	5.93	+1.2
11	2028	Van Bael Jens	99	AVZK	5.92	+1.5

Discus Cad Heren 1kg Time: 13:40

Heat:1

1	472	Coene Lars	02	KAAG	54.24	BK/CB 1
2	671	Velleman Tom	01	EA	43.93	BK/CB 2
3	188	Dhaenens Wout	01	ACKO	43.82	BK/CB 3
4	548	De Cock Jelte	02	ACG	43.70	
5	807	Prenen Senne	01	MACD	43.00	
6	1681	Ferri Giovanni	01	OSGA	42.32	
7	10	Vanderborght Jonas	01	DCLA	40.87	
8	1500	Marechal Quentin	01	HF	38.99	
9	772	Spelmans Dries	01	RCT	35.78	
10	68	Willems Orry	02	VMOL	32.89	
	41	Milloen Sander	02	AVZK	DNF	

200m Schol Heren Time: 11:41

Heat:1 Wind : -0.6

1	2338	Sacoor Jonathan	99	OEH	22.03	Q
2	2728	Van Ongevalle Tanguy	99	FLAC	22.69	q
3	3382	Diels Nathan	99	RFCL	23.18	q
4	2995	Stevens Antoine	00	CSDY	23.88	
5	2350	Deschepper Yoran	00	MACW	24.23	

200m Schol Heren Time: 11:41

Heat:2 Wind : 0.5

1	3084	Rositano Theo	99	CRAC	23.10	Q
2	2083	Rogge Arno	00	RCG	23.26	
3	2214	Boye Alpha	99	DCLA	23.96	
4	2351	Van Hecke Stef	00	AVLO	23.97	
5	2751	Hooghe Ernest	99	FLAC	24.32	

200m Schol Heren Time: 11:41

Heat:3 Wind : 1.5

1	2013	Torfs Kasper	99	DCLA	23.10	Q
2	3389	Borlee Rayane	99	RESC	23.44	
3	3199	Sondag Gil	00	CSDY	23.75	
4	2606	Lahaye Simon	99	KKS	23.87	
5	3400	Leonard Nicolas	99	BBS	25.37	

200m Schol Heren Time: 11:41

Heat:4 Wind : 1.2

1	3227	Kasmi Amine	00	RESC	23.02	Q
2	2477	Seyns Lucas	99	AZW	23.33	
3	2420	Braile Luca	99	ROBA	23.58	
4	3465	Paulo Changani Gloire	99	HF	24.03	

4x1500m Jun Heren Time: 12:15

Heat:1

1		FLAC		18:32.03	BK/CB 1
	161	Vermeersch Tobias	98		
	60	Defour Falco	98		
	158	Vandamme Thomas	98		
	390	Goudeseune Jonathan	98		

110mH Schol Heren Finale 0,941m Time: 12:16

Heat:1 Wind : 1.8

1	2042	Bal Jaan	00	ACBR	14.42	BK/CB 1
2	3021	Mazebo Simon	00	ATH	14.82	BK/CB 2
3	2261	Dom Stijn	99	ATAC	14.85	BK/CB 3
4	2441	De Backer Bryan	00	AVLO	14.91	
5	3273	Vancauwemberghe Nolan	00	MOHA	14.99	
6	2651	Carpentier Nico	99	FLAC	15.32	
7	3000	Maggiolini Luca	00	CSDY	15.38	
	2948	Okeowo Peredjo	99	RESC	DNF	

100mH Cad Heren Finale 0,941m Time: 12:20

Heat:1 Wind : 1.9

1	272	Sprangers Liam	01	KAAG	14.31	BK/CB 1
2	1348	Chapaux Antoine	01	ATH	14.42	BK/CB 2
3	1216	Lohoues Nathan	02	CRAC	14.61	BK/CB 3
4	1300	Paquot Jonathan	01	SER	14.68	
5	86	Bex Wout	02	LOOI	15.01	
6	1320	Seynaeve Robin	02	JSMC	15.15	
7	564	Degryse Iben	02	AVR	15.32	
8	1302	Paquot Benjamin	02	SER	15.64	

Hinkstap Schol Dames Time: 13:51

Heat:1

1	2729	Deroost Frea	99	DAC	11.34	+1.3	BK/CB 1
2	2583	De Clercq Alix	00	KAAG	11.05	+1.7	BK/CB 2
3	2304	Horemans Jana	99	VMOL	11.01	+0.3	BK/CB 3
4	2851	Walravens Annelies	99	DAC	10.84	+1.8	
5	3312	Wan Kelly	99	MOHA	10.72	+1.0	
6	3359	Semenou Annabelle	99	CABW	10.64	+0.8	
7	3281	Violle Chloe	00	HERV	10.61	+1.1	
8	2743	Wyns Manon	99	OEH	10.43	+1.0	
9	3545	Brixhe Marie	99	RFCL	10.37	+1.2	
10	3257	Grandhenry Kylie	99	SER	10.14	+1.8	
11	2967	Beyens Mirthe	99	DAC	9.95	+1.7	

100m Cad Dames Finale Time: 12:25

Heat:1 Wind : 1.3

1	43	Van Lent Lotte	01	AVZK	12.26		BK/CB 1
2	231	Van Laere Lieselotte	01	ACW	12.35		BK/CB 2
3	551	De Naeyer Janie	01	HAKI	12.45		BK/CB 3
4	1064	Verdegem Reine	01	RIEM	12.46		
5	223	Moustie Kato	02	HCO	12.57		
6	1694	Masson Ilona	01	FCHA	12.58		
7	1719	Vranckx Anne Charlotte	01	MOHA	12.62		
8	950	Agwazie Angel	01	AVLO	12.73		

100m Schol Dames Finale Time: 12:29

Heat:1 Wind : 0.6

1	3290	Gautier Celine	99	CSDY	11.98		BK/CB 1
2	2765	Bauwens Laures	99	RCG	12.00		BK/CB 2
3	2289	De Foer Lotte	00	ACW	12.34		BK/CB 3
4	2371	Claus Hanne	99	AVMO	12.41		
5	3078	Rosius Rani	00	AVT	12.41		
6	3026	Grossard Britt	00	AVT	12.43		
7	2406	Vincke Rani	00	HAC	12.47		
8	2829	Vannerom F0	00	DEIN	12.74		

4x800m Jun Dames Time: 12:48

Heat:1

1		AVT		10:17.61		BK/CB 1
	105	Truyers Marte	98			
	324	Meertens Lone	98			
	115	De Neve Katrien	97			
	118	Smeets Lotte	97			
2		DAC		10:19.38		BK/CB 2
	247	Moreels Lara	97			
	380	Vermijs Saar	97			
	249	Demedts Lien	98			
	243	Van Craenenbroeck Eline	97			
3		SPB0		11:18.78		BK/CB 3
	187	Philips Lotte	97			
	186	Schaerlaeckens Lara	98			
	302	Beelaerts Nikita	98			
	334	Van Fraeyenhoven Olivia	98			

1500m Steeple Cad Dames 0,762m Time: 14:06

Heat:1

1	742	Vermeulen Heleen	01	KAPE	5:10.07		BK/CB 1
2	321	Hellings Nienke	01	AVT	5:22.87		BK/CB 2
3	819	Nuytten Amber	01	FLAC	5:24.28		BK/CB 3
4	1340	Dubie Emma	02	MOHA	5:38.75		
5	1581	Maroye Romane	01	CABW	5:44.11		
6	78	Spiessens Jana	01	SPB0	5:59.51		

Speer Schol Heren 700gr Time: 15:08

Heat:1

1	2693	Sorgeloos Cedric	00	ACW	65.27	BK/CB 1
2	2055	Vanlierde Jorg	99	DEIN	61.89	BK/CB 2
3	2147	Wildemeersch Robbe	00	ACME	60.72	BK/CB 3
4	2735	Mory Niel	99	OEH	59.77	
5	2437	Bauters Laurens	99	ADD	49.95	
6	2263	Sauwens Korneel	00	ADD	49.00	
7	2710	Vanden Eede Carlos	00	LAT	45.02	
8	2103	Maes Michiel	99	AVMO	43.64	
9	2340	Suykens Brent	99	ACW	42.18	
10	2700	Snackaert Michiel	00	VAC	34.06	

Hinkstap Cad Heren Time: 15:21

Heat:1

1	1828	Grahn Lars	01	WS	12.93	+1.3	BK/CB 1
2	472	Coene Lars	02	KAAG	12.80	+1.1	BK/CB 2
3	802	Versavel Simon	02	FLAC	11.98	+0.7	BK/CB 3
4	446	Van Put Vincent	01	ZWAT	11.90	+0.3	
5	1360	Dubois Tristan	01	USTA	11.78	+0.1	
6	1358	Dubois Cyril	01	USTA	11.22	+0.7	
7	1432	Bruwier Romain	01	RFCL	10.96	+1.0	
8	93	Coppenolle Viktor	02	DEIN	10.80	+0.2	
9	1433	Claes Melvyn	01	USTA	10.69	+1.3	
10	1254	Moors Mathias	01	HERV	10.57	+1.3	

1500m Steeple Cad Heren 0,762m Time: 14:16

Heat:1

1	1291	Vandermessen Louis	01	CABW	4:19.03	BK/CB 1
2	558	Maes Lukas	01	KAPE	4:37.43	BK/CB 2
3	1006	Raaffels Oscar	01	KAPE	4:43.93	BK/CB 3
4	15	Geyskens Kobe	02	DUFF	4:46.66	
5	369	Demeestere Robin	02	AZW	4:48.45	
6	44	Van den Schoor Senne	01	AVZK	4:49.67	
7	1264	Querinjean Ruben	01	MALM	4:53.79	
8	617	Vanhoutteghem Juul	01	AZW	5:01.21	
9	547	Van Dycke Kasper	02	ACG	5:04.51	

Hoog Cad Heren Time: 16:22

Heat:1

1	671	Velleman Tom	01	EA	1.86	BK/CB 1
2	1216	Lohoues Nathan	02	CRAC	1.84	BK/CB 2
3	580	Geenens Sten	02	ASVO	1.79	BK/CB 3
4	745	Van Hooste Matthijs	01	VOLH	1.79	
5	640	Daniels Bart	01	ATAC	1.73	
6	1325	Eertmans Loic	01	CSDY	1.70	
7	1188	Oliva Federico	01	AVT	1.70	
7	306	Verduyn Lennert	02	ABES	1.70	
7	417	Smets Benjamin	01	ROBA	1.70	
10	1379	De Neys Maxime	01	USBW	1.65	
11	904	De Cremer Arnaud	02	ASVO	1.65	
12	189	Demaiter Yoran	01	AVR	1.65	
13	228	Hauttekeete Jente	02	KAAG	1.65	
14	1034	Van Herck Seebe	01	LOOI	1.60	
14	1593	Bruart Antoine	01	ACLO	1.60	

Polssstok Schol Dames Time: 17:21

Heat:1

1	2380	Borstlap Hanne	00	ACHL	3.60	BK/CB 1
2	3206	Jacob Delphine	99	DAMP	3.60	BK/CB 2
3	2303	Jansen Jana	99	VMOL	3.50	BK/CB 3
4	2700	Morren Lise	00	RCT	3.20	
5	2321	Dhont Hanne	99	DEIN	3.15	
6	2860	Vanhautte Joceline	99	AZW	3.10	
7	2801	Medina Severino Emma	00	ACW	3.10	
8	3113	Wylin Aagje	00	RCT	2.70	
9	2814	Fabr Lena	99	VOLH	2.60	
9	3107	Hiroux Laure-Anne	99	DCLA	2.60	
11	2627	Bongers Yara	00	AVKA	2.40	
	3379	Jallow Mallen	00	CSDY	NM	

2000m Steeple Schol Dames 0,762m Time: 14:29

Heat:1

1	2265	Delbaen Aline	99	DUFF	7:04.81	BK/CB 1
2	3518	Sieracki Margaux	99	USTA	7:10.89	BK/CB 2
3	2561	Peeters Bloeme	99	LYRA	7:29.32	BK/CB 3
4	2681	Schelfhout Fien	99	ASVO	7:29.44	
5	2454	Begyn Lena	00	STAX	7:44.05	
6	3363	Fasciaux Laura	00	CABW	7:51.80	
7	2363	Wyns Sara	00	VAC	8:02.41	
8	3193	Oubouskour Oumaima	99	CRAC	8:04.02	

2000m Steeple Schol Heren 0,914m Time: 14:42

Heat:1

1	2011	Van de Velde Tim	00	DUFF	5:49.05	BK/CB 1
2	2461	Blanckaert Simon	00	MACW	6:09.36	BK/CB 2
3	2074	Robben Simon	99	TACT	6:20.74	BK/CB 3
4	2243	Vanhuyse Michiel	00	AZW	6:26.92	
5	3057	Huberland Baptiste	99	WACO	6:33.23	
6	2246	Demeestere Kevin	00	AZW	6:33.91	
7	3289	Hocquet Noah	99	MOHA	6:34.03	
8	3096	Zicari Killian	99	CABW	6:54.14	

400m Cad Dames Finale Time: 14:53

Heat:1

1	1417	Schoemaker Liefde	02	OSGA	57.96	BK/CB 1
2	599	Hanssens Ilana	02	ASVO	59.77	BK/CB 2
3	214	De Rocker Jolein	01	EA	59.84	BK/CB 3
4	683	De Bot Ine	01	DAC	59.89	
5	616	De Bock Lisa	02	RIEM	61.29	
6	1288	Bosseler Laura	02	DAMP	61.54	

400m Cad Heren Finale Time: 14:57

Heat:1

1	215	Segers Daniel	01	EA	50.47	BK/CB 1
2	1217	Dehout Floran	01	CRAC	52.65	BK/CB 2
3	921	Gayse Brent	02	AVR	53.33	BK/CB 3
4	541	Vancoetsem Arne	01	KAAG	53.39	
5	66	Horemans Seppe	02	VMOL	54.16	
6	1120	Rombout Edosa-scott	01	VAC	55.74	

400m Schol Dames Finale Time: 15:02

Heat:1

1	2680	Lasser Elise	00	VITA	55.38	BK/CB 1
2	3496	Dejemeppe Justine	99	CSF	57.25	BK/CB 2
3	2584	Vereecke Hanna	00	KAAG	58.48	BK/CB 3
4	3201	Van den Abeele Laure	00	ACLO	58.94	
5	3260	Ricour Ophelie	00	EAH	59.19	
6	2304	Horemans Jana	99	VMOL	59.89	

400m Schol Heren Finale Time: 15:07

Heat:1

1	2629	Van Den Bergh Sven	99	AVKA	48.77	BK/CB 1
2	2365	De Smet Tibo	99	RCG	50.24	BK/CB 2
3	3291	Noel Leo	99	USBW	50.30	BK/CB 3
4	2134	Sap Arthur	99	DEIN	50.86	
5	3385	Hendrick Clement	99	RCAS	51.05	
6	2435	Van Nieuwenhove Stijn	00	AVLO	51.60	

800m Cad Heren Time: 15:29

Heat:1

1	420	Annaert Wieter	01	RCG	2:06.35	
2	592	Van Tichelt Brent	01	ACHL	2:07.40	
3	457	Van Looy Ruben	01	ARAC	2:07.66	
4	69	Smolders Jarne	01	VMOL	2:08.19	
5	232	Van Campenhout Siebe	02	LEBB	2:09.18	
6	1307	Paquot Quentin	02	SER	2:10.90	
7	698	De Smedt Michiel	01	ACG	2:11.65	
8	939	Wisse Andries	01	MAC	2:12.50	
9	423	Roggeman Bent	01	RCG	2:12.69	

800m Cad Heren Time: 15:29

Heat:2

1	1370	Plumat Mathias	01	MOHA	2:03.31	BK/CB 1
2	664	Daenens Arthur	01	OB	2:03.32	BK/CB 2
3	1404	Schauwers Antoine	01	SPA	2:03.81	BK/CB 3
4	1221	Compere Nicolas	01	SMAC	2:04.05	
5	990	Van Osselaer Emiel	01	RAM	2:04.34	
6	1193	Claesen Aron	01	ATLA	2:06.27	
7	371	Vandelannoote Tibaut	01	FLAC	2:09.73	
8	1375	Giot Nicolas	01	DAMP	2:12.19	
9	662	Fleurus Yens	01	DAC	2:14.79	

Speer Cad Heren 600gr Time: 16:43

Heat:1

1	417	Smets Benjamin	01	ROBA	49.52	BK/CB 1
2	810	Volont Donald	01	AVT	48.65	BK/CB 2
3	1300	Paquot Jonathan	01	SER	45.41	BK/CB 3
4	36	Claes Karsten	02	BONH	42.46	
5	1400	Henry Robin	01	ROCA	42.19	
6	41	Milloen Sander	02	AVZK	41.18	
7	811	Ramaekers Daan	02	ADD	40.41	
8	137	Misplon Jef	02	RCG	39.89	
9	1296	Pireaux Florestan	02	ULA	39.38	
10	358	Lejeune Jens	01	FLAC	39.03	
11	548	De Cock Jelte	02	ACG	39.01	
12	669	De Waegeneer Thomas	01	EA	37.88	
13	1682	Daumerie Dylan	01	ATH	35.93	
14	483	De Visscher Lorenzo	01	RCG	34.81	

Hinkstap Schol Heren Time: 16:37

Heat:1

1	2459	Didden Thibaut	99	LOOI	13.45	+1.9	BK/CB 1
2	2949	Geerts Gregory	99	RESC	13.01	+2.2	
					13.00	+1.6	BK/CB 2
3	2122	Rombaut Stijn	00	ACHL	13.00	+1.2	BK/CB 3
4	2719	Sijsmans Frederik	99	LOOI	12.92	+1.2	
5	3217	Kempeneers Sacha	00	HERV	12.82	+0.6	
6	3271	Soumahoro Tommy	99	WS	12.64	+2.2	
					12.47	+0.6	
7	2937	Kevelaer Gregoire	99	HERV	12.62	+2.0	
8	2901	Zune Antonin	00	SPA	12.54	+3.0	
9	2331	Mampuys Cedric	99	AVKA	12.32	+1.7	
10	2817	Van Riel Robbe	99	ACBR	12.25	+0.4	
11	3276	Wlodawer Alex	99	CABW	12.15	+0.3	
12	2046	Van Herck Brent	00	VMOL	12.11	+0.7	
13	2433	Vandriessche Jonas	00	ASVO	11.82	+0.1	
	2829	Cherlet Wout	99	RCG	DNF	+0.0	

800m Schol Heren Time: 15:46

Heat:1

1	2756	Corstjens Neel	99	AVT	2:00.49	
2	2410	Leunckens Ward	00	ABES	2:01.11	
3	2556	Hens Kobe	00	KAAG	2:02.68	
4	3003	Antoine Gilles	00	CSDY	2:03.33	
5	2454	Peeters Victor	00	RCG	2:03.44	
6	3355	Patinet Cyril	99	CRAC	2:04.02	
7	3328	Tilman Maxime	99	SER	2:04.10	
8	3085	Hermans Kylian	00	USTA	2:04.38	
9	2495	Van Rijckeghem Jarich	00	EA	2:06.02	
10	2530	Vermeulen Lander	99	KAPE	2:07.70	

800m Schol Heren Time: 15:46

Heat:2

1	2913	Crestan Elliott	99	SMAC	1:57.54	BK/CB 1
2	2006	Sisk Pieter	99	DCLA	1:58.40	BK/CB 2
3	2394	Fasseur Brecht	99	KAAG	1:58.83	BK/CB 3
4	3101	Henrotte Myrian	99	DAMP	1:59.73	
5	3049	Goodall Alex	99	WS	1:59.75	
6	2382	Pannemans Thomas	99	ATLA	1:59.78	
7	2689	Guilbert Thibauld	00	KAAG	2:00.46	
8	3029	Jacquemin Julian	99	WACO	2:02.13	
9	2462	De Clerck Arne	99	RCT	2:02.67	
10	2471	Bulens Jelle	99	DAC	2:03.50	

4x100m Jun Dames Time: 15:51

Heat:1

1		ACME		50.04	BK/CB 1
	106	Bauwens Lore	97		
	33	Beylemans Laura	97		
	38	Lammens Lisa	98		
	61	Huys Marianne	97		
2		CABW		51.97	BK/CB 2
	623	Pierret Melusine	98		
	587	Famenne Coline	97		
	588	Pardoms Charlotte	97		
	593	Sturbois Noemie	97		
3		SPBO		59.39	BK/CB 3
	187	Philips Lotte	97		
	186	Schaerlaeckens Lara	98		
	334	Van Fraeyenhoven Olivia	98		
	302	Beelaerts Nikita	98		

4x100m Jun Heren Time: 16:05

Heat:1

1		AVLO		44.15	
	585	Van Driessche Jasper	97		
	267	Van Nieuwenhove Dries	98		
	454	Goossens Robin	97		
	272	De Backer Brandon	97		
2		ACHL		45.14	
	235	Van Reusel Jens	97		
	78	Van Turnhout Jens	98		
	351	Lauryssen Jorne	98		
	401	Vleminckx Kobe	98		
		EA		DNF	
	46	Wailly Hendrik	97		
	323	De Decker Arno	98		
	45	Coppieters Kasper	97		
	44	Jacobs Sven	97		
		CABW		DIS	R. 170.7
	786	San Roman Lionel	98		
	701	Semenou Bryan	97		
	939	Urbain Hugo	97		
	603	Brouwers Amaury	97		

4x100m Jun Heren Time: 16:05

Heat:2

1		WACO		42.48	BK/CB 1
	654	Renard Victor	98		
	659	Snyders Camille	97		
	656	Snyders Antoine	97		
	657	Rongy Nicolas	97		
2		RESC		42.80	BK/CB 2
	862	Vanhamme Arno	97		
	758	Szerman Melvin	97		
	883	Kalmen Adam	98		
	874	Caty Dylan	97		
3		ACW		42.97	BK/CB 3
	100	Nicque Marvin	98		
	15	Fatoichan De Meester Joa	98		
	13	Van Der Reysen Bram	98		
	541	Cisse Amadou*	98		
4		KAAG		43.13	
	412	Dumon Reindert	98		
	287	Vander Vennet Jonas	98		
	173	De Ruyter Bavo	98		
	590	Van Den Branden Jeroen	97		

200m Cad Heren Finale Time: 16:20

Heat:1

		Wind : 1.5			
1	7	Belien Wolf	01	STAX	23.37 BK/CB 1
2	1394	Lecron Arthur	01	SER	24.02 BK/CB 2
3	459	Buffel Simon	01	RCG	24.31 BK/CB 3
4	1702	Chiroux Gaetan	01	USBW	24.40
5	1594	DufRASne Vivian	01	OSGA	24.60
	566	Masure Siemen	01	SPBO	DIS

200m Schol Heren Finale Time: 16:29

Heat:1

		Wind : 0.9			
1	2338	SacoOr Jonathan	99	OEH	21.83 BK/CB 1
2	3227	Kasmi Amine	00	RESC	22.53 BK/CB 2
3	2013	Torfs Kasper	99	DCLA	22.58 BK/CB 3
4	2728	Van Ongevalle Tanguy	99	FLAC	23.14
5	3382	Diels Nathan	99	RFCL	23.15
6	3084	Rositano Theo	99	CRAC	24.39

1500m Cad Heren Time: 16:44

Heat:1

1	104	Appels Pieter-Jan	01	ATAC	4:28.21	BK/CB 1
2	187	Dewulf Lennert	01	RCG	4:28.62	BK/CB 2
3	208	Poppe Toon	01	EA	4:29.43	BK/CB 3
4	1239	Tarnus Vivian	01	DAMP	4:29.99	
5	502	Willems Thibault	01	ACME	4:30.80	
6	107	Vanhecke Stan	01	AVR	4:31.97	
7	1699	Cook Ewan	02	WS	4:32.46	
8	11	Vansteenkiste Arthur	01	DCLA	4:33.27	
9	1602	Quoirin Jean Daniel	01	SER	4:33.92	
10	108	Dewulf Thibo	01	AVR	4:33.94	
11	312	Willocx Ruben	01	HAMM	4:34.49	
12	296	Bafort Joachim	01	ACME	4:36.55	
13	702	Beernaert Daan	01	ACG	4:37.09	
14	1167	Debroyer Wout	01	DCLA	4:37.84	
15	1283	Depestele Theo	01	MOHA	4:42.05	
16	1292	Solbreux Antoine	01	CABW	4:47.66	

1500m Schol Heren Time: 16:50

Heat:1

1	2156	De Locht Cisse	99	ACW	4:01.62	BK/CB 1
2	2922	Draux Axel	99	CABW	4:01.67	BK/CB 2
3	2357	Willems Mathieu	99	ACME	4:02.75	BK/CB 3
4	2962	Senard Antoine	00	SER	4:04.05	
5	2165	Janssen Matthias	99	ATLA	4:05.47	
6	2535	Løfgren Bjarne	99	ABES	4:06.16	
7	2212	Vanoppen Thomas	99	ACHL	4:07.58	
8	3082	Da Silva Lucas	99	RFCL	4:08.07	
9	2339	Engels Thomas	99	OEH	4:08.60	
10	2742	Meganck Simon	00	EA	4:09.08	
11	3024	Joris Nicolas	99	WACO	4:10.34	
12	2934	Jerome Aurelien	99	HERV	4:12.40	
13	2185	Vanderpoorten Rayan	00	KAAG	4:15.26	
14	3048	Vaananen Veikka	99	WS	4:18.78	
15	2641	Van Biesen Jonas	99	LEBB	4:24.01	
16	2145	Verheyden Ruben	00	EA	4:24.99	
17	2157	Van Aken Bo	00	LEBB	4:27.31	
18	2944	Walk Maxwell	99	WS	4:28.16	
19	2142	Van Den Broeck Raf	00	EA	4:28.71	

300mH Cad Dames Finale 0,762m Time: 16:57

Heat:1

1	223	Moustie Kato	02	HCO	43.54	BK/CB 1
2	331	Lauwers Luna	01	HAC	45.66	BK/CB 2
3	665	Cromphout Martha	01	VAC	45.91	BK/CB 3
4	425	Stuer Lotte	02	LYRA	46.79	
5	356	Luyssen Liesl	02	AZW	46.86	
6	508	Vierendeels Loike	01	LEBB	46.93	

300mH Cad Heren Finale 0,762m Time: 17:01

Heat:1

1	1417	Bonvin Draps Vincent	01	IAAC	40.67	BK/CB 1
2	86	Bex Wout	02	LOOI	41.12	BK/CB 2
3	444	De Schryver Christophe	01	VAC	41.48	BK/CB 3
4	1302	Paquot Benjamin	02	SER	41.60	
5	1234	Lavigne Simon	01	DAMP	42.28	
6	1364	Vanmarsenille Tom	01	FCHA	42.43	

400mH Schol Dames Finale 0,762m Time: 17:10

Heat:1

1	2635	Claeys Eline	00	ATLA	61.57	BK/CB	1
2	2426	Tchimou Benedikt	99	RAM	62.81	BK/CB	2
3	2607	Boutens Amber	99	VS	63.21	BK/CB	3
4	3326	Schauwers Manon	99	RESC	64.05		
5	2392	Craemers Louise	00	DCLA	65.21		
6	2303	Jansen Jana	99	VMOL	66.09		

400mH Schol Heren Finale 0,84m Time: 17:16

Heat:1

1	2337	Bras Tuur	99	OEH	53.47	BK/CB	1
2	2044	Peeters Dries	99	ACBR	54.77	BK/CB	2
3	2122	Rombaut Stijn	00	ACHL	56.12	BK/CB	3
4	3000	Maggiolini Luca	00	CSDY	56.58		
5	3021	Mazebo Simon	00	ATH	58.04		
	2217	Gabriels Anton	00	OLSE	DIS		

4x400m Jun Heren Time: 17:39

Heat:1

1		AVLO			3:23.56	BK/CB	1
	585	Van Driessche Jasper	97				
	65	Van Assche Sander	98				
	272	De Backer Brandon	97				
	267	Van Nieuwenhove Dries	98				
2		EA			3:27.74		
	46	Wailly Hendrik	97				
	323	De Decker Arno	98				
	331	Redant Michiel	98				
	45	Coppieters Kasper	97				
3		ACHL			3:47.61		
	458	Havermans Mike	97				
	269	Van Tichelt Gilian	97				
	78	Van Turnhout Jens	98				
	351	Lauryssen Jorne	98				

4x400m Jun Heren Time: 17:39

Heat:2

1		RCG			3:24.62	BK/CB	2
	69	Rahoens Creo	98				
	184	Mortier Jennen	97				
	174	Petrella Davide	97				
	573	Owusu Dylan	97				
2		AVT			3:25.70	BK/CB	3
	204	Franssens Jens	98				
	433	Beckers Wim	98				
	139	Boutsen Bart	98				
	141	Deckers Michiel	98				
3		RESC			3:27.92		
	785	Zaanani Soufian	98				
	862	Vanhamme Arno	97				
	874	Caty Dylan	97				
	883	Kalmen Adam	98				
4		KAAG			3:28.35		
	412	Dumon Reindert	98				
	173	De Ruyter Bavo	98				
	370	Hens Wolf	98				
	287	Vander Vennet Jonas	98				