

Garagepoorten De Strijker Jeugdmeeting met cadetten – zondag 12/7/2015 – Huizingen - 15232

4 x 80 meter Min Heren Uur=15:14

1	RESC	42.34
4345	Chekem Ramses	
4139	Demanet Lounis	
4066	Medan Marko	
4179	Doudouhi Reda	
2	OEH	44.46
5285	Loiseau Adrien	
5369	Siccama Brent	
5516	Geerts Gilian	
4952	De Bruycker Maarten	

4 x 60 meter Pup Dames Uur=15:17

1	RESC	34.98	
3762	Mpinga Mulowayi Alexia		
3872	Merino Noemi		
3761	Tshanga Diomi Roline		
3764	Lambert Kylie		
2	RCT	35.23	
5327	Koekelkoren Noor		RCT
5326	De Taeye Lore		RCT
5423	Vertongen Tinne		RCT
5619	Vanlangenaker Charlotte		RCT
3	OEH	38.64	
4977	Siccama Nele		
4570	Loenders La-my		
4571	Seghers Ellen		
5572	Thoré Maïté		

4 x 60 meter Ben Dames Uur=15:15

1	OEH	42.53
1496	Vastiau Tine	
1654	Geerts Nanouck	
1091	Lucas Catho	
1420	Spits Fé	

4 x 60 meter Ben Heren Uur=15:16

1	RESC	40.68
66	Verriez Ludovic	
411	Huyghe Gauthier	
576	Tshanga Diumba John Ross	
9873	CHEKEM HAROLD	
2	OEH	41.00
8069	Vermaut Ben	
7677	Roelens Twan	
8070	Vermaut Lars	
7974	Huysmans Nolan	

4 x 100 meter Cad Dames Uur=15:17

1	OEH	55.33
1262	Odofin Sabrina	
1261	Lots Britt	
905	De Staercke Celine	
1263	Benamor Leila	
2	OEH	57.78
975	Dozinel Lynn	
1795	Frizman Laurie	
1414	Denies Sarah	
1415	Bras Merel	

4 x 100 meter Cad Heren Uur=15:18

1	ACME	47.43
1121	De Baerdemaeker Hariz-oma	
1679	Baele Jens	
876	Dossche Xander	
880	Vanpeteghem Seppe	

polsstokspringen Min Dames Uur=15:48

1	6333	Mostosi Ornella	CABW	2.52m	02
2	7028	Chovau Mirte	VAC	1.72m	03

polsstokspringen Min Heren Uur=16:03

1	5974	Vanlangenaker Jules	RCT	3.42m	02
2	4952	De Bruycker Maarten	OEH	2.72m	02

polsstokspringen Cad Dames Uur=15:49

1	1472	Timmermans Loes	RCT	2.72m	01
---	------	-----------------	-----	-------	----

polsstokspringen Cad Heren Uur=15:48

1	987	De Bruycker Maxime	OEH	2.82m	00
---	-----	--------------------	-----	-------	----

kogelstoten 3,000kg Min Heren Uur=15:34

1	6233	Spelmans Ward	RCT	11.90m	02
2	4570	Geyskens Kobe	DUFF	10.79m	02
3	4063	Mordue Lucas*	RCB	9.81m	03
4	5892	Serré Ruben	DAC	9.25m	02
5	4345	Chekem Ramses	RESC	8.43m	03
6	4651	De Paermentier Gerben	DEIN	8.26m	03
7	5296	Van Hoecke Pieter	DEIN	8.20m	02
8	4725	Larmuseau Pieterjan	ACG	8.00m	02
9	4179	Doudouhi Reda	RESC	7.47m	02
10	5119	Spegelaere Senne	BAV	6.71m	03
11	5516	Geerts Gilian	OEH	5.98m	03
12	4867	Verhelst Pieter	RAM	5.50m	03
13	5311	De Decker Jens	LOND	5.19m	03
14	4375	Capozzi Giosue	IAAC	4.64m	03

hockeywerpen Ben Heren Uur=15:42

1	7974	Huysmans Nolan	OEH	31.00m	06
2	680	Capozzi Loris	IAAC	23.22m	06
3	411	Huyghe Gauthier	RESC	21.75m	07
4	9873	CHEKEM HAROLD	RESC	17.68m	06
5	7930	Gielen Simon	OEH	17.31m	07
6	9874	Spits Timo	OEH	14.22m	08

verspringen**Min Dames stand A Uur=15:39**

1	7043	De Naeyer Emma	ZA	4.47m	02
2	6237	Vandermeulen Alodie	ATH	4.28m	03
3	7249	Seghers Evy	OEH	4.11m	03
4	7024	Willems Lot	VAC	4.10m	02
5	7042	De Naeyer Marie	ZA	3.98m	03
6	7298	Marien Svelte	LYRA	3.97m	03
7	7248	Loenders My-liên	OEH	3.85m	03
8	7256	Liefooghe Jo-Anne	DUFF	3.80m	03
9	6417	Huygens Cloe	RESC	3.47m	03
10	7247	Dozinél Daphné	OEH	3.20m	03
11	9872	Zandona Vittoria	N/A	3.16m	03
12	8308	Frizman Amélie	OEH	3.07m	03

discuswerpen 0,600kg Pup Heren Uur=15:47

1	2050	Willems Joris	RCG	21.30m	04
2	1516	Soetens Robin	LAT	18.55m	05
3	2093	Spits Jasper	OEH	18.35m	04
4	227	De Roeck Amaury	WS	18.06m	04
5	608	Lefebvre Martin	RCB	15.58m	04
6	571	Kamara Sanael	RESC	15.48m	04
7	2071	Mertens Toon	LOND	15.31m	05

60m horden 0,762m/6H Pup Dames Uur=15:19

1	5619	Vanlangenaker Charlotte	RCT	10.81	04
2	3764	Lambert Kylie	RESC	11.21	04
3	5327	Koekelkoren Noor	RCT	12.27	05
4	4426	Drijkoningen Mirthe	BREE	12.39	04
5	4708	De Smet Siska	ACME	12.81	04
6	5423	Vertongen Tinne	RCT	14.02	05

60m horden 0,762m/6H Pup Heren Uur=15:19

1	2093	Spits Jasper	OEH	11.42	04
2	1374	Larmuseau Jonas	ACG	12.34	05
3	608	Lefebvre Martin	RCB	12.48	04
4	1455	Gilson Milan	ACME	13.45	04
5	324	Arifi Ilias	RESC	14.28	04

60m horden 0,762m/6H Min Dames Uur=15:19

1	7043	De Naeyer Emma	ZA	10.11	02
2	7635	Demetter Kaat	ASVO	10.67	02
3	7249	Seghers Evy	OEH	10.87	03
4	7042	De Naeyer Marie	ZA	11.18	03
5	7671	Frère Elise	ACG	12.69	03
6	6368	Maggiolini Victoria	CSDY	12.72	02

80m horden 0,762m Cad Dames Uur=15:28

Reeks:1 Wind : -0.8

1	702	Willems Eve	VAC	12.91	00
2	44	Cornez Oriane	USBW	14.31	00
3	870	Thaets Leonie	ACME	17.34	01
4	1795	Frizman Laurie	OEH	19.56	01
	1142	Beck Lynn	KAPE	DIS	01

80m horden 0,84m Min Heren Uur=15:28

1	5892	Serré Ruben	DAC	13.79	02
2	4063	Mordue Lucas*	RCB	15.71	03
3	4139	Demanet Lounis	RESC	15.82	03
4	5285	Loiseau Adrien	OEH	16.04	02
5	5639	Geys Ignace	RAM	16.33	02
6	4345	Chekem Ramses	RESC	16.44	03

100m horden 0,914m Cad Heren Uur=15:28

Reeks:1 Wind : -0.4

1	236	Maggiolini Luca	CSDY	15.50	00
2	880	Vanpeteghem Seppe	ACME	16.50	00
3	876	Dossche Xander	ACME	18.19	01
4	465	Bracke Toufan	RCB	19.25	01
	878	Gilson Piotr	ACME	NA	01

kogelstoten 2,000kg Pup Dames Uur=16:05

1	5619	Vanlangenaker Charlotte	RCT	9.74m	04
2	4557	Van Der Borghth Feliz	ROBA	6.89m	05
3	4977	Siccama Nele	OEH	6.88m	04
4	5326	De Taeye Lore	RCT	6.80m	04
5	4625	Marien Kjersti	LYRA	6.21m	05
6	3651	Longle Celia	ACLE	4.41m	05
7	5135	De Staercke Kaat	SPVI	4.15m	05
	3872	Merino Noemi	RESC	GP	04

speerwerpen 400g Min Heren Uur=16:07

1	4651	De Paermentier Gerben	DEIN	33.97m	03
2	4063	Mordue Lucas*	RCB	30.41m	03
3	4725	Larmuseau Pieterjan	ACG	27.31m	02
4	4066	Medan Marko	RESC	26.95m	03
5	5119	Spegelaere Senne	BAV	26.51m	03
6	5296	Van Hoecke Pieter	DEIN	26.21m	02
7	5538	Wauters Jonas	ACP	25.72m	02
8	4375	Capozzi Giosue	IAAC	11.33m	03

hoogspringen Pup Dames Uur=18:11

1	4426	Drijkoningen Mirthe	BREE	1.31m	04
2	3764	Lambert Kylie	RESC	1.20m	04
3	3761	Tshanga Diomi Roline	RESC	1.20m	04
4	5327	Koekelkoren Noor	RCT	1.15m	05
5	3872	Merino Noemi	RESC	1.15m	04
5	4708	De Smet Siska	ACME	1.15m	04
7	4625	Marien Kjersti	LYRA	1.10m	05
8	4570	Loenders La-my	OEH	1.05m	05
8	5423	Vertongen Tinne	RCT	1.05m	05
10	3651	Longle Celia	ACLE	1.00m	05
11	4572	Seghers Lotte	OEH	1.00m	05
12	4571	Seghers Ellen	OEH	0.95m	05

verspringen Ben Dames stand A Uur=16:09

1	938	Dossche Margaux	ACME	3.42m	06
2	1420	Spits Fé	OEH	3.40m	06
3	1091	Lucas Catho	OEH	3.29m	06
4	874	Chovau Bente	VAC	3.08m	07
5	1496	Vastiau Tine	OEH	3.04m	06
6	1074	De Temmerman Maartje	ACG	2.98m	07
7	2650	Vertriest Betlehem	OEH	2.77m	06

8	2355	De Bolle Febe	ACG	2.69m	07
9	1654	Geerts Nanouck	OEH	2.58m	06

verspringen Ben Heren stand B Uur=16:21

1	7974	Huysmans Nolan	OEH	3.70m	06
2	680	Capozzi Loris	IAAC	3.42m	06
3	9874	Spits Timo	OEH	3.04m	08
4	576	Tshanga Diumba John Ross	RESC	2.99m	07
5	7677	Roelens Twan	OEH	2.95m	07
6	66	Verriez Ludovic	RESC	2.88m	06
7	411	Huyghe Gauthier	RESC	2.85m	07
8	7754	Loiseau Gauthier	OEH	2.68m	07
9	9870	labar florent	arch	2.60m	08
10	7930	Gielen Simon	OEH	2.50m	07

60 meter Ben Dames Uur=15:50

Reeks:1

1	1496	Vastiau Tine	OEH	10.59	06
2	874	Chovau Bente	VAC	11.02	07
3	2112	Guillaume Margo	OEH	11.05	06
4	1654	Geerts Nanouck	OEH	11.13	06
5	2650	Vertriest Betlehem	OEH	11.71	06

Reeks:2

1	1420	Spits Fé	OEH	9.76	06
2	938	Dossche Margaux	ACME	10.19	06
3	1091	Lucas Catho	OEH	10.22	06
4	2355	De Bolle Febe	ACG	10.23	07
5	1074	De Temmerman Maartje	ACG	10.80	07

60 meter Ben Heren Uur=15:52

Reeks:1

1	576	Tshanga Diumba John Ross	RESC	10.35	07
2	9873	CHEKEM HAROLD	RESC	10.65	06
3	66	Verriez Ludovic	RESC	10.88	06
4	7677	Roelens Twan	OEH	10.94	07
5	411	Huyghe Gauthier	RESC	10.95	07
6	7754	Loiseau Gauthier	OEH	11.24	07
7	7930	Gielen Simon	OEH	12.12	07
8	9870	labar florent	arch	12.33	08

Reeks:2

1	7974	Huysmans Nolan	OEH	9.70	06
2	8070	Vermaut Lars	OEH	10.17	07
3	8069	Vermaut Ben	OEH	10.23	06
4	680	Capozzi Loris	IAAC	10.32	06
5	9875	vertongen senne	rct	10.76	08
6	9874	Spits Timo	OEH	10.83	08
7	9871	De temmerman Sem	na	11.42	08

60 meter Pup Dames Uur=15:53

Reeks:1

1	4977	Siccama Nele	OEH	10.06	04
2	5233	Vercruysse Amelie	SPVI	10.26	05
3	5135	De Staercke Kaat	SPVI	10.35	05
4	5277	Loiseau Héloïse	OEH	10.92	05
5	4572	Seghers Lotte	OEH	11.17	05

Reeks:2

1	4570	Loenders La-my	OEH	9.94	05
2	5459	Huysman Helena	OEH	10.07	04
3	4625	Marien Kjersti	LYRA	10.15	05
4	5130	Robberechts Babette	OEH	10.33	04
5	4571	Seghers Ellen	OEH	11.05	05
6	3651	Longle Celia	ACLE	11.08	05

Reeks:3

1	5619	Vanlangenaker Charlotte	RCT	8.80	04
2	3764	Lambert Kylie	RESC	8.98	04
3	3762	Mpinga Mulowayi Alexia	RESC	9.19	04
4	3761	Tshanga Diomi Roline	RESC	9.34	04
5	3872	Merino Noemi	RESC	9.48	04
6	5326	De Taeye Lore	RCT	9.82	04
7	5572	Thoré Maïté	OEH	10.12	05

60 meter Pup Heren Uur=15:54

Reeks:1

1	3067	Verhulst Arthur	MAC	9.45	04
2	3094	Tordeur Antoine	OEH	9.52	04
3	3430	Eeman Roel	ACG	9.84	05
4	2071	Mertens Toon	LOND	10.31	05
5	227	De Roeck Amaury	WS	10.40	04
6	2194	Vastiau Senne	OEH	10.57	05
7	2762	Varsebroucq Ayman	OEH	10.70	05

Reeks:2

1	2093	Spits Jasper	OEH	9.21	04
2	2302	Frère Louis	ACG	9.64	05
3	324	Arifi Ilias	RESC	9.67	04
4	1455	Gilson Milan	ACME	9.82	04
5	1175	Van den Bulck Yeabsera	DUFF	9.83	04
6	571	Kamara Sanael	RESC	9.88	04
7	1374	Larmuseau Jonas	ACG	10.35	05

80 meter Min Dames Uur=16:07

Reeks:1

1	8093	Gbedassi Ines	OEH	11.78	03
2	6743	Bah Mariame*	RESC	11.97	02
3	7097	vanpeteghem Lobke	ACME	12.05	02
4	7247	Dozinél Daphné	OEH	13.01	03
5	6417	Huygens Cloe	RESC	13.27	03
6	8308	Frizzman Amélie	OEH	13.39	03
7	9872	Zandona Vittoria	N/A	13.50	03

Reeks:2

1	7043	De Naeyer Emma	ZA	10.99	02
2	7635	Demetter Kaat	ASVO	11.28	02
3	7249	Seghers Evy	OEH	11.46	03
4	7248	Loenders My-liên	OEH	11.89	03
5	7024	Willems Lot	VAC	11.91	02
6	6237	Vandermeulen Alodie	ATH	11.94	03
7	7042	De Naeyer Marie	ZA	12.07	03
8	7298	Marien Svelte	LYRA	12.11	03

80 meter Min Heren Uur=16:21

Reeks:1

1	4179	Doudouhi Reda	RESC	11.13	02
2	5369	Siccama Brent	OEH	11.87	02
3	4345	Chekem Ramses	RESC	11.93	03
4	5639	Geys Ignace	RAM	12.05	02
5	4139	Demagnet Lounis	RESC	12.19	03
6	3672	Lafnachi Reda Mohamed	RESC	12.52	02
7	5516	Geerts Gilian	OEH	13.18	03
8	5311	De Decker Jens	LOND	14.43	03

Reeks:2

1	5998	Baele Jarne	ACME	10.85	02
2	4066	Medan Marko	RESC	11.13	03
3	4570	Geyskens Kobe	DUFF	11.27	02
4	5892	Serré Ruben	DAC	11.40	02
5	4063	Mordue Lucas*	RCB	11.43	03
6	3764	Labar Clement	ARCH	12.34	03
7	4375	Capozzi Giosue	IAAC	12.36	03
8	4867	Verhelst Pieter	RAM	12.67	03

100 meter Cad Dames Uur=16:26

Reeks:1 Wind : 0.0

1	1142	Beck Lynn	KAPE	13.02	01
2	1069	De Smet Karen	ACME	13.28	00
3	1415	Bras Merel	OEH	13.32	01
4	702	Willems Eve	VAC	13.44	00
5	975	Dozinél Lynn	OEH	14.07	01
6	905	De Staercke Celine	OEH	15.18	00
7	1414	Denies Sarah	OEH	16.01	00

100 meter Cad Heren Uur=16:26

Reeks:1 Wind : -0.8

1	1679	Baele Jens	ACME	12.35	01
2	1121	De Baerdemaeker Hariz-oma	ACME	12.77	00
3	464	Ceuppens Hugo	RCB	12.78	01
4	878	Gilson Piotr	ACME	13.26	01
5	465	Bracke Toufan	RCB	13.68	01

kogelstoten 2,000kg Min Dames Uur=17:23

1	7256	Liefooghe Jo-Anne	DUFF	11.48m	03
2	7097	vanpeteghem Lobke	ACME	11.29m	02
3	6237	Vandermeulen Alodie	ATH	10.94m	03
4	7043	De Naeyer Emma	ZA	10.37m	02
5	6368	Maggiolini Victoria	CSDY	9.18m	02
6	7298	Marien Svelte	LYRA	8.20m	03
7	7028	Chovau Mirte	VAC	7.70m	03
8	7635	Demetter Kaat	ASVO	7.63m	02
9	7248	Loenders My-liên	OEH	7.22m	03
10	6417	Huygens Cloe	RESC	7.21m	03
11	7247	Dozinél Daphné	OEH	7.08m	03
12	7249	Seghers Evy	OEH	6.98m	03
13	7042	De Naeyer Marie	ZA	6.63m	03
14	9872	Zandona Vittoria	N/A	6.35m	03

speerwerpen 400g Min Dames Uur=16:42

1	7097	vanpeteghem Lobke	ACME	24.88m	02
2	6943	Van den Bulck Hana	DUFF	23.97m	02
3	7298	Marien Svelte	LYRA	22.19m	03
4	6237	Vandermeulen Alodie	ATH	21.24m	03
5	7249	Seghers Evy	OEH	18.66m	03
6	6417	Huygens Cloe	RESC	18.49m	03
7	6333	Mostosi Ornella	CABW	17.83m	02
8	6743	Bah Mariame*	RESC	13.88m	02
9	7247	Dozinél Daphné	OEH	13.59m	03

hoogspringen Pup Heren Uur=18:19

1	3067	Verhulst Arthur	MAC	1.34m	04
2	608	Lefebvre Martin	RCB	1.25m	04
3	1175	Van den Bulck Yeabsera	DUFF	1.25m	04
4	1455	Gilson Milan	ACME	1.25m	04
5	3094	Tordeur Antoine	OEH	1.20m	04
6	227	De Roeck Amaury	WS	1.15m	04
7	2071	Mertens Toon	LOND	1.05m	05
0				GP	00

kogelstoten 2,000kg Pup Heren Uur=17:55

1	2302	Frère Louis	ACG	9.19m	05
2	2050	Willems Joris	RCG	8.40m	04
3	571	Kamara Sanael	RESC	7.95m	04
4	2093	Spits Jasper	OEH	7.71m	04
5	608	Lefebvre Martin	RCB	6.87m	04
6	227	De Roeck Amaury	WS	6.77m	04
7	1997	Spegelaere Warre	BAV	6.53m	04

discuswerpen 0,600kg Pup Dames Uur=18:14

1	5619	Vanlangenaker Charlotte	RCT	31.90m	04
2	5327	Koekelkoren Noor	RCT	18.49m	05
3	5130	Robberechts Babette	OEH	16.89m	04
4	4625	Marien Kjersti	LYRA	14.60m	05
5	4977	Siccama Nele	OEH	13.63m	04
6	5423	Vertongen Tinne	RCT	12.44m	05
7	4708	De Smet Siska	ACME	12.24m	04
8	4571	Seghers Ellen	OEH	11.10m	05
9	4557	Van Der Borghth Feliz	ROBA	10.05m	05
10	4570	Loenders La-my	OEH	9.48m	05
11	4572	Seghers Lotte	OEH	9.21m	05
12	3651	Longle Celia	ACLE	8.31m	05

verspringen Min Heren Uur=17:27

1	5892	Serré Ruben	DAC	4.97m	02
2	5974	Vanlangenaker Jules	RCT	4.77m	02
3	5296	Van Hoecke Pieter	DEIN	4.31m	02
4	5285	Loiseau Adrien	OEH	4.22m	02
5	4066	Medan Marko	RESC	4.12m	03
6	4651	De Paermentier Gerben	DEIN	4.08m	03
7	4063	Mordue Lucas*	RCB	4.00m	03
8	4179	Doudouhi Reda	RESC	3.96m	02
9	3764	Labar Clement	ARCH	3.95m	03
10	4345	Chekem Ramses	RESC	3.92m	03
11	5119	Spegelaere Senne	BAV	3.84m	03
12	5516	Geerts Gilian	OEH	3.60m	03
13	3672	Lafnachi Reda Mohamed	RESC	3.48m	02

14	5311	De Decker Jens	LOND	2.59m	03
hockeywerpen Ben Dames Uur=17:25					
1	874	Chovau Bente	VAC	23.84m	07
2	938	Dossche Margaux	ACME	20.71m	06
3	1091	Lucas Catho	OEH	20.25m	06
4	1074	De Temmerman Maartje	ACG	19.88m	07
5	1420	Spits Fé	OEH	18.81m	06
6	1654	Geerts Nanouck	OEH	15.14m	06
1000 meter Pup Dames Uur=18:02					
1	5130	Robberechts Babette	OEH	3'34.77	04
2	5135	De Staercke Kaat	SPVI	3'58.06	05
3	4570	Loenders La-my	OEH	3'58.53	05
4	4557	Van Der Borghht Feliz	ROBA	4'12.69	05
5	3651	Longle Celia	ACLE	4'13.27	05
6	5233	Vercruysse Amelie	SPVI	4'14.24	05
7	4571	Seghers Ellen	OEH	4'15.13	05
8	5277	Loiseau Héloïse	OEH	4'16.88	05
9	4572	Seghers Lotte	OEH	4'28.23	05
	5459	Huysman Helena	OEH	NG	04
1000 meter Pup Heren Uur=17:56					
1	1516	Soetens Robin	LAT	3'22.46	05
2	571	Kamara Sanael	RESC	3'30.15	04
3	1997	Spegelaere Warre	BAV	3'52.82	04
4	3430	Eeman Roel	ACG	4'09.47	05
5	2762	Varsebroucq Ayman	OEH	4'33.25	05
	324	Arifi Ilias	RESC	NG	04
300 meter Min Dames Uur=16:43					
Reeks:1					
1	6333	Mostosi Ornella	CABW	51.07	02
2	8308	Frizman Amélie	OEH	56.03	03
	6368	Maggiolini Victoria	CSDY	NA	02
	7256	Liefooghe Jo-Anne	DUFF	NA	03
Reeks:2					
1	7043	De Naeyer Emma	ZA	43.46	02
2	7248	Loenders My-liën	OEH	46.92	03
3	7028	Chovau Mirte	VAC	47.12	03
4	7671	Frère Elise	ACG	47.44	03
5	8093	Gbedassi Ines	OEH	48.21	03
300 meter Min Heren Uur=17:00					
Reeks:1					
1	4345	Chekem Ramses	RESC	47.09	03
2	4139	Demanet Lounis	RESC	47.85	03
3	3672	Lafnachi Reda Mohamed	RESC	47.87	02
4	3764	Labar Clement	ARCH	48.84	03
5	4375	Capozzi Giosue	IAAC	52.79	03
Reeks:2					
1	4952	De Bruycker Maarten	OEH	42.32	02
2	4570	Geyskens Kobe	DUFF	43.00	02
3	5998	Baele Jarne	ACME	44.32	02
4	4063	Mordue Lucas*	RCB	44.49	03
5	5639	Geys Ignace	RAM	46.06	02

6	5538	Wauters Jonas	ACP	47.56	02
300 meter Cad Dames Uur=17:00					
1	1069	De Smet Karen	ACME	43.80	00
2	1415	Bras Merel	OEH	45.23	01
3	870	Thaets Leonie	ACME	47.98	01
4	44	Cornez Oriane	USBW	49.60	00
5	975	Dozinél Lynn	OEH	50.12	01
300 meter Cad Heren Uur=17:01					
Reeks:1					
1	1679	Baele Jens	ACME	41.73	01
2	876	Dossche Xander	ACME	42.51	01
3	769	Pelgrims Tristan	DCLA	42.75	00
4	464	Ceuppens Hugo	RCB	43.13	01
Reeks:2					
1	880	Vanpeteghem Seppe	ACME	37.89	00
2	236	Maggiolini Luca	CSDY	40.15	00
3	878	Gilson Piotr	ACME	41.20	01
4	987	De Bruycker Maxime	OEH	41.99	00
1000 meter Min Dames Uur=18:08					
1	6237	Vandermeulen Alodie	ATH	3'30.18	03
2	6943	Van den Bulck Hana	DUFF	3'45.75	02
1000 meter Min Heren Uur=17:35					
1	5693	Demeestere Robin	AZW	3'06.83	02
2	5369	Siccama Brent	OEH	3'17.13	02
3	5296	Van Hoecke Pieter	DEIN	3'17.47	02
4	3672	Lafnachi Reda Mohamed	RESC	3'19.13	02
5	4139	Demanet Lounis	RESC	3'31.54	03
6	5119	Spegelaere Senne	BAV	3'34.65	03
1000 meter Cad Dames Uur=18:01					
1	1438	Byrne Chinook	ATLE	3'26.16	00